

Conquering the Crippler

CANADA AND THE ERADICATION OF POLIO

Provinces Agree To Pool Iron Lungs In Epidemics

53 Siege Costs Over \$400,000

Polio

and Smallpox, Tetanus, Encephalitis, Diphtheria, Leukemia and Meningitis

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OSLER, HARRISON & AVONBY



Naal Sprag Hoped To Prevent Infantile Paralysis

Epidemic Specialists Fly To City

Dr. A. F. W. Piatt, federal epidemic specialist at Ottawa, and his assistant, Dr. G. Lofting, were expected to arrive by air from Ottawa at noon Friday, to confer with the local police committee.

NEW DISEASE NATIONAL

Hundreds of Cases of Paralysis Reported From Different States.

Polio Spread Unaffected By Closing Of Schools

It is "extremely doubtful" if closing of schools in Alberta last fall curtailed the poliovirus epidemic which took the lives of 24 persons, according to city and provincial health authorities.

24 Lives Lost

Polio Spread Unaffected By Closing Of Schools

Polio Now Major Issue Says Martin

OTTAWA (C.P.S.) — Poliovirus has assumed new prominence as a major public health problem in Canada, Hon. Paul Martin, health minister, announced today.

MOTHERS OF ALL WORLD AGAIN MUST BEAR BRUNT IN WAR WITH PARALYSIS

A. J. RHODES, M.D., F.R.C.P., ED. EINA M. CLARK, B.Sc., M.A. ALICE GOODFELLOW, B.A., M.D. AND W. L. DONOHUE, M.A., M.D.

Paralysis: The New Epidemic

By Helen MacMurchy, M.D.

Small In Number, A 'Fighting' Few Stand Polio Siege

Statistics never tell the whole story of the Manitoia polio epidemic. Though case records show a total of 100 cases, more than 1,300 have broken all records for endurance, sacrifice and duty of a group of people in this city.

Appeal Goes Out For Polio Nurses

Sept 9, 1952 - Free Adress

Health Deputy Hits Press For 'Overplaying' Polio

RCAF Flies Iron Lungs To Winnipeg

Ten iron lungs for treatment of polio victims at King George hospital arrived in Winnipeg from Ontario Wednesday night aboard a RCAF plane.

Polio Spread Unaffected By Closing Of Schools

It is "extremely doubtful" if closing of schools in Alberta last fall curtailed the poliovirus epidemic which took the lives of 24 persons, according to city and provincial health authorities.

PROGRESS IN RESEARCH ON POLIO ROUTES FOR PREVENTION

By ROY GRE...

Polio Incidence In City's Elliott Te...

An important step in polio research is the production of a prevention vaccine credited to Dr. Connard Elliott.

MDs First In D...

After two sick children recovered, they have this virus to represent in...

Small In Number, A 'Fighting' Few Stand Polio Siege

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PAY PARALYSIS CASE EXPENSES

Government To Aid Where Families Unable To Pay

HEALTH BOARD

HEALTH BOARD

Conquering the Crippler

CANADA AND THE ERADICATION OF POLIO

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The Canadian Public Health Association (CPHA) is a national, independent, not-for-profit, voluntary association representing public health in Canada with links to the international public health community. CPHA's members believe in universal and equitable access to the basic conditions which are necessary to achieve health for all Canadians.

CPHA's mission is to constitute a special national resource in Canada that advocates for the improvement and maintenance of personal and community health according to the public health principles of disease prevention, health promotion and protection and healthy public policy.

CPHA publishes the bi-monthly *Canadian Journal of Public Health (CJPH)*. The *CJPH* is a professional, peer-reviewed journal carrying a wide variety of in-depth articles on all aspects of public health, including epidemiology, nutrition, family health, environmental health, sexually transmitted diseases, gerontology, behavioural medicine, rural health, health promotion and public health policy.

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“There’s a Biblical story that says when the Israelites remembered God, they prospered. And when they prospered, they forgot God. That’s a powerful allegory for our current efforts [in] polio eradication work. When we understand what succeeds and how it is we need to work together, we achieve. But, unfortunately, when we prosper, we often forget what got us there.”

Dr. David Butler-Jones speaking at the “International Polio Symposium: No Room for Complacency”, Ottawa, March 2001

This is the story of how Canada overcame the greatcrippler, poliomyelitis – a unique and fearsome disease that cannot be cured, but can be prevented. Canada’s polio story revolves around a complex and ongoing public health response that has depended on extensive community mobilization, scientific innovation, sustained political will and financial commitment to control the spread, manage the effects, and ensure the elimination of polio.

What the public health community and its private sector partners accomplished in Canada in the last century is an enormous success story about determination, vision, collaboration and sound scientific enquiry. This insert in the *Canadian Journal of Public Health* showcases the historical highlights of that great public health achievement and aims to reinforce its ‘lessons learned’ with respect to current efforts to eradicate polio worldwide.

Introduction

Beginning in 1910, and especially between 1927 and 1953, Canada was among those nations hardest hit by major epidemics of paralytic polio. Canada was also one of the first countries to successfully eliminate polio after the introduction of the Salk inactivated polio vaccine (IPV) in 1955 and the Sabin oral polio vaccine (OPV) in 1962. The historical review that follows briefly describes Canada’s distinctive experience in the control of polio and offers some lessons for governments and health policy leaders in other jurisdictions, particularly as they consider immunization policies for the post-polio-eradication era.

The Canadian success story can be attributed to three major factors:

1. the active involvement of both provincial and federal governments in disease management and in the provision of social supports for polio victims and their families (who were predominantly middle class) during the pre-vaccine era;
2. the development, production and global distribution of both IPV and OPV, with an essential role played by the Toronto-based Connaught Medical Research Laboratories (a self-supporting part of the University of Toronto from 1914 to 1972, and now, the Connaught Campus of sanofi pasteur ltd.); and,
3. the implementation of universal immunization strategies by Canada’s provinces, using either IPV or OPV, or both in mixed schedules.¹

An historical understanding of Canada’s encounter with polio and its control – representing the independent experience of 10 provinces and 3 territories and employing at least three different immunization strategies (IPV or OPV alone, or IPV followed by OPV) – can help in the formulation of immunization policy and program development for the final push towards global polio eradication and for the post-polio-eradication era.

Canada's Response to the "Middle Class Plague"

During the first half of the 20th century, in a context of marked progress in infectious disease control generally, the North American understanding of paralytic polio was shaped by several factors:

- a frustrating lack of knowledge about polio's cause and spread;
- the unpredictability of ever-worsening epidemics;
- a fearful popular imagery of polio's physical effects; and
- the potentially catastrophic financial risk for its primary victims – middle-class children and their families.

Despite the "modern" medical science of the period, epidemics of paralytic polio continued to escalate throughout the industrialized world. Ironically, we now know that the great strides made in improving public health and personal hygiene standards at the time in fact abetted the spread of polio. Rising health status among segments of the population inevitably increased the pool of non-polio-exposed, *and therefore non-polio-immune*, individuals, especially children. This, together with a number of geographic, demographic and epidemiological factors, made Canada's middle class particularly vulnerable to paralytic polio.

In the wake of Canada's first significant "infantile paralysis" outbreaks in 1910, as the disease was popularly known, Canadian child health authority, Dr. Helen MacMurchy, wrote about the particular vulnerability of the middle class to this new disease in a popular magazine article, "Paralysis: The New Epidemic."² Ten years later, the threat to the "better off" and increasingly adult populations became even more apparent after Franklin D. Roosevelt was stricken with "infantile paralysis" while vacationing off the coast of New Brunswick.³ Despite his polio disability, Roosevelt became governor of New York and then President of the United States in 1932.

As President, Roosevelt championed early polio control and social support efforts. An oil tycoon and friend of FDR, along with the President's public relations man, helped catalyze interest in a series of fund-raising dances to celebrate the President's birthday and raise money for a polio hospital in Warm Springs, Georgia. A specific, annual event was needed and on January 30, 1934, the first "President's Birthday Ball" was held amidst a wave of newspaper and radio publicity, asking Americans to "dance so that others may walk." To the amazement of everyone involved, \$1,016,444 was raised after all expenses were paid. Expanding on the "President's Birthday Ball" initiative, in 1938 Roosevelt established the National Foundation for Infantile Paralysis (NFIP) as a private voluntary organization. The NFIP was created not only to raise money "a dime at a time" through its annual "March of Dimes"



Beyond heralding the start of Canada's first major polio year, the tone and imagery of this 1910 press report succinctly captured how polio was to be described and understood in Canada for the next half century. It highlighted the fearful mystery of its cause, the confusion of its name, the growing interest of doctors in studying it, and from a Canadian perspective, the reference to the United States and its experience with this 'comparatively new disease.'

Source: *Toronto Star*, August 17, 1910

fundraising campaigns for a polio vaccine, but also to provide protection against polio's increasing financial threat to American middle-class families. It directly paid the medical, hospitalization and rehabilitation costs on behalf of all polio victims who asked for it.⁴

Several public health and political factors guided the Canadian response to the rapidly growing polio problem of the 20th century. The close personal and institutional links between political and public health leaders in health departments across all levels of government were of greatest significance. Supporting those personal links, the Connaught Medical Research Laboratories and the School of Hygiene⁵ were two intimately linked institutions within the University of Toronto, under the leadership of Dr. Robert D. Defries (1889-1975).⁶ Connaught stood at the centre of Canada's public health network and the evolution of the nation's response to polio. Of particular note, most local health officers and provincial and federal deputy ministers of health were trained at the School and/or spent time at Connaught, and thus shared a common professional education and proactive public health vision driven by Defries and Connaught's founder, Dr. John G. FitzGerald (1882-1940).⁷

The early years of the polio response further strengthened the already robust public-sector investment in public health in Canada; first at the provincial level and then increasingly at the federal level. Beginning in the late 1920s, several provincial governments assumed considerable responsibility for protecting families from the physical and financial effects of polio through specific and non-discriminatory polio hospitalization and after-care policies.

Based on the success of the NFIP in the US, the Canadian Foundation for Poliomyelitis (CFP) was established in 1948-49. However, by this time, the remarkable success of the NFIP and the breadth of its support of research and patient care for American polio victims had reinforced and helped shape Canadian provincial and federal government interest in undertaking similar work in Canada. By the early 1950s, the CFP played a considerably smaller role than its American counterpart. Its focus was limited to providing support for orthopedic appliances and rehabilitation of individual polio victims, particularly adults not covered by provincial polio policies. Moreover, the CFP had to carefully manage its "turf relations" with other voluntary organizations and some provincial governments already helping the disabled in Canada. By 1951, these political tensions resulted in the restructuring of the CFP into independent provincial organizations, such as the Ontario March of Dimes.⁸



This group of Marching Mothers was led by Ellen Fairclough, the first woman appointed to a federal cabinet, her commitment to the Ontario March of Dimes driven by her son's encounter with polio in 1947 at age 16. Source: Polio Canada

"Leave the porch light on!"

The fear of polio left an indelible mark on many Canadians and motivated extraordinary community efforts to combat it. The Canadian Foundation of Poliomyelitis (CFP), more commonly known as the "March of Dimes", mobilized mothers across the country, who were determined to help secure a vaccine. The banner words, "Leave the porch light on – the mothers are marching tonight!" were often heard on the radio, as Marching Mothers[®] canvassed door-to-door in their towns and cities to raise support "one dime at a time".

In contrast, investments in the polio problem in the US were largely private, focused primarily through the NFIP with minimal involvement of state and federal resources. However, the successful development of the Salk vaccine would require support from both private and public funds, as neither type of investment alone would have sufficed. The involvement of both sectors remains critical to the completion of today's global polio eradication work.

Polio and Canadian Public Health Policy, 1927-1953

In 1927, after a decade of relatively low incidence, British Columbia and Alberta were hit by significant polio epidemics. The disease then seemed to march eastward each summer, striking Manitoba in 1928, Ontario in 1929 and 1930, and Quebec in 1931 and 1932. The Maritimes were fortunately spared the effects of the first wave. As these epidemics took on provincial proportions and moved relentlessly eastward, the reality of this disease grew more frightening

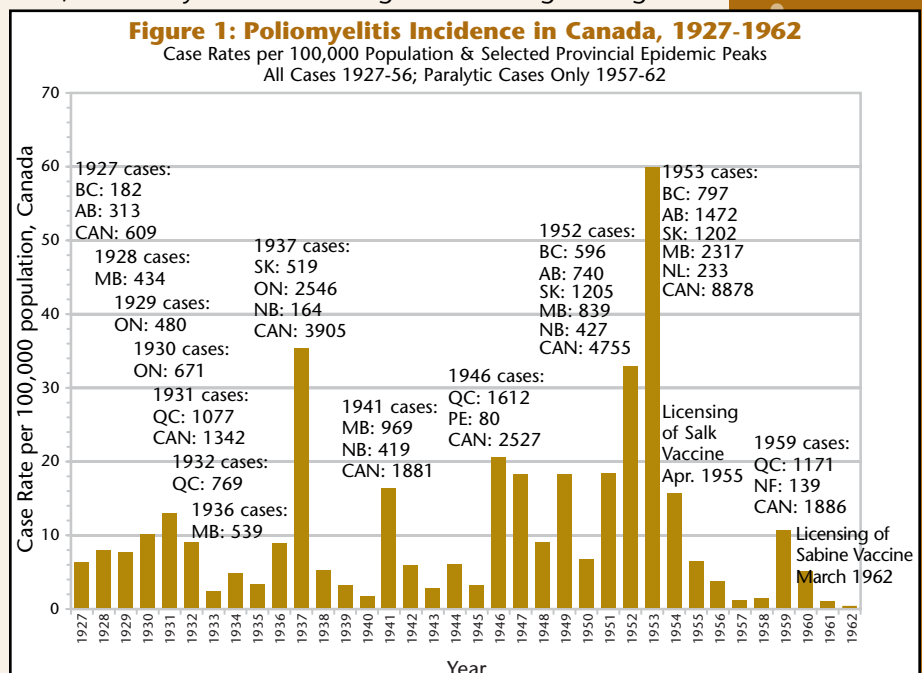
to the public and public health authorities. Yet, the practical effectiveness of medical research and clinical science to combat the disease was increasingly undermined.

Beginning in 1927, a human convalescent serum – a passive immune serum collected from the blood of recovered polio patients for use as a prophylactic agent in subsequent cases – was touted as the answer to polio. It was prepared by most provincial governments and stockpiled at public health depots across the Dominion for use during polio outbreaks.⁹ Nevertheless, by 1934, almost half of Canada's disabled population could be traced to polio – a poor testament to the efficacy of this so-called "answer to polio".

For British Columbia, the main

strategy to combat the polio epidemic of 1927 was to sanction the collection of convalescent serum.¹⁰ The Alberta government faced a more serious epidemic that year, with more than 300 cases and 53 deaths reported. In contrast to their western neighbour, the Alberta government made no effort to prepare and use convalescent serum because of the lack of evidence as to its effectiveness. It was recognized that even if the serum were made available, its prophylactic capacity would be limited because physicians could only make use of it *after* paralysis had appeared. Instead, the Alberta government used its resources to assume a new level of responsibility for polio patients by establishing a specialized 60-bed hospital for the after-treatment of polio patients at the University of Alberta. This hospital was staffed by orthopedic specialists and offered treatment at cost or with financial assistance.¹¹

Just as the Alberta epidemic waned, new American studies of convalescent serum renewed Canadian interest in its wider use. Studies during a major Massachusetts polio epidemic in 1927

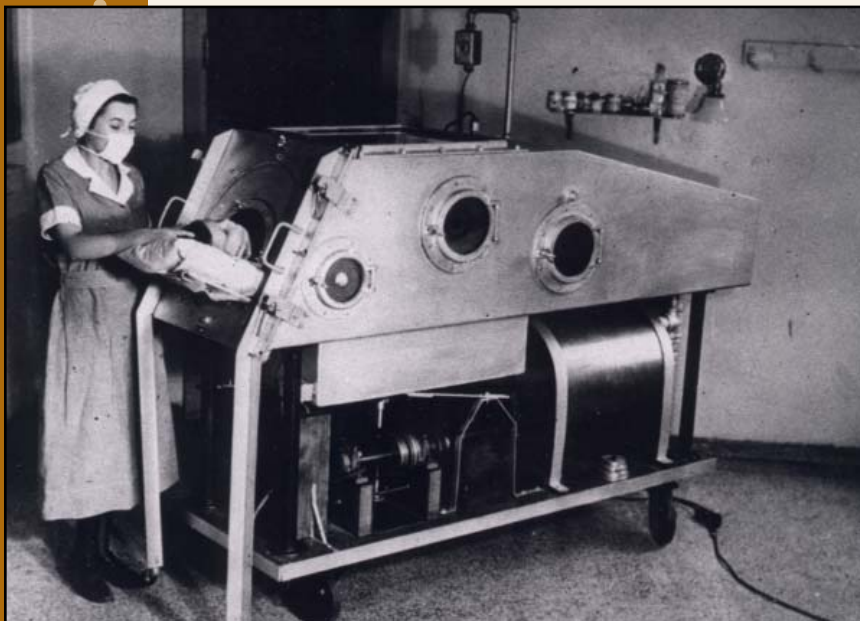


Canada's experience with polio is captured here, highlighting the major provincial epidemics from 1927 through 1953, followed by the introduction of the Salk and Sabin vaccines and their dramatic impact on incidence of the disease by 1962.

Source: C.J. Ruttly, "Do Something! Do Anything! Poliomyelitis in Canada, 1927-1962," Ph.D. Thesis, University of Toronto, 1995

linked the use of the serum with a new level of diagnostic confidence to recognize pre-paralytic polio.¹² When Manitoba was struck by its first serious polio epidemic in 1928, the US serum studies prompted the provincial government to sanction a more rigorous, standardized study of the serum itself, based on its centralized supply, distribution and administration.¹³ Despite issues with aspects of the study's serum supply and polio diagnosis, the study was deemed a success and encouraged the continued wide use of convalescent serum in Canada. Serum prepared by Connaught Laboratories was used in Ontario during its 1929 and 1930 polio epidemics.¹⁴ Still, in the absence of a precise diagnostic test, pre-paralytic polio diagnosis remained problematic. By 1932, it was clear that the serum alone would not prevent epidemics, nor significantly reduce their paralytic effects. But at that time, no vaccine was foreseen.

Canada's second worst polio year was 1937 with a reported case rate of 35.4 per 100,000, or almost 4,000 cases across the country, hitting Alberta, Manitoba, New Brunswick, Saskatchewan and, most severely, Ontario. A total of 2,546 cases were officially reported in the province, with 119 deaths.¹⁵ The province's newspapers, especially in Toronto, detailed school closings and other public health measures imposed by local and provincial health departments.¹⁶



This is one of the 27 "homemade" iron lungs hurriedly assembled in the basement of the Hospital for Sick Children in Toronto in 1937 during the peak of one of Canada's worst epidemic emergencies.
Source: Hospital for Sick Children, Toronto

The 1937 epidemic, unlike previous Canadian epidemics, was characterized by an alarming number of bulbar polio cases. This form of the disease is the most severe. The poliovirus attacks the brain stem's motor neurons, impairs breathing and without the use of an "iron lung" respirator results in death. At the start of the epidemic, only one iron lung was available in Canada. It was an original "Drinker" iron lung (invented in 1928 by Harvard medical researcher, Philip Drinker, assisted by Louis Agassiz Shaw) brought to the Hospital for Sick Children in Toronto from Boston in 1930. Faced with mounting respiratory paralysis cases across the

province, technicians hurriedly assembled a total of 27 iron lungs in the basement of the hospital over a period of six weeks. The iron lungs were paid for by the provincial government and rushed to where they were most needed in Ontario and other parts of Canada.¹⁷

"[The iron lung is] a metal prison in which a person is encased with a collar around the neck to produce an air-tight seal. A bellows at the end produces a negative pressure that pulls the chest wall out and causes the person to breathe in, and then it squeezes the air out, keeping the person alive. It caused great problems in nursing care."

The Late Dr. John Waters, Provincial Health Officer, Alberta Health & Wellness

Faced with an unprecedented number of disabled children after the epidemic, the Ontario government established a program of free standardized treatment and specialized hospitalization for three weeks for all paralytic cases. Parents were instructed on how to care for their polio-stricken children at home following their hospitalization. Doctors and the provincial government worked closely with the Ontario Society for Crippled Children and several visiting nurses organizations to provide follow-up care across the province.¹⁸ A similar pattern of special polio hospitalization policies emerged after polio epidemics elsewhere in Canada during the late 1930s and early 1940s, including a special “Poliomyelitis Sufferer’s Act” brought in by the Alberta government in 1938.¹⁹

By the close of 1937, still very little was known about polio. Researchers were entirely reliant on studying the experimental disease in laboratory monkeys, which correlated poorly with the natural human disease. A clear indicator of the dearth of hard science on the subject was the premature use of two polio vaccines in the US in 1935: a “killed” vaccine developed by Canadian physician, Maurice Brodie, while at the New York Department of Public Health, and an “attenuated” type developed by John Kolmer of Philadelphia. Both of these vaccines were quite primitive and based on an inaccurate understanding of the poliovirus. As a result, the Brodie and Kolmer vaccines were ineffective in preventing polio and bore only tragic results.²⁰ Meanwhile, doctors giving treatment were limited to recommending rest and strict immobilization, and could offer only the convalescent serum, the real value of which was increasingly debated.

During Ontario’s 1937 epidemic, the newest hope of polio prevention was a prophylactic nasal spray that had been first tried in Alabama, and later in Manitoba with unclear results.²¹ Public pressure to act was great. The Ontario Department of Health, along with the School of Hygiene and the Hospital for Sick Children, quickly approved a plan to test the spray on 5,000 Toronto children in a scientifically controlled clinical trial under Dr. R.D. Defries, Director of the School of Hygiene and Director of Connaught Laboratories. After two rounds of spray treatments, the results proved not only disappointing, but alarming. The spray did not appear to prevent the disease, and many of the children involved in the study lost their sense of smell temporarily, and in some cases, permanently. These results also contradicted the prevailing scientific model of polio’s transmission to the nervous system in humans via the nasal portal, based on laboratory research with monkeys.²²



The prevailing approach to treatment of polio paralysis during the 1937 Ontario epidemic was strict immobilization, particularly using the “Bradford” frame to which patients were attached until there was evidence of recovery, which could be months, if not longer.
Source: Hospital for Sick Children, Toronto

Nasal Spray Hoped To Prevent Infantile Paralysis

High hopes are held by many Toronto doctors that the zinc sulphate nasal spray, which has proved a definite preventative of poliomyelitis in monkeys and other animals, may ward off the same danger from Toronto children. Dr. Max Minor Peet, professor of surgery at the University of Michigan, who developed the spray, has offered to come to Toronto to aid health authorities in administering it. Show above is one of the first children in Toronto to have the spray injected at the Hospital for Sick Children. The injection is made at a certain point well within the nostril, and is said to cause little discomfort.

The Toronto nasal spray trial was big news across Ontario, prompting many parents to clamor for the spray from their doctors outside of this dramatic experiment, some even making their own nose sprays in a desperate effort to protect their children from polio.

Source: London Free Press, September 2, 1937

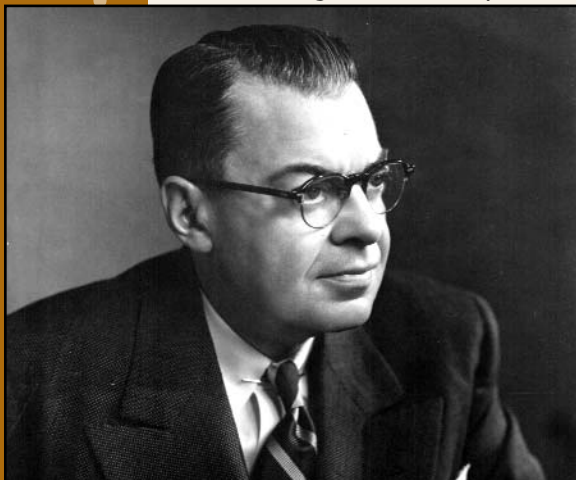


Sister Elizabeth Kenny made several trips to Canada during major polio epidemics, including in 1942 when she visited Montreal, as shown here.
Source: Sally Aitken, Polio Quebec

In 1940, Sister Elizabeth Kenny, an Australian nurse, came to North America bringing a 'radical approach' for the treatment of acute-stage polio.²³ Based in Minneapolis, she made several trips to Canada to instruct local nurses in her methods. She emphasized an early start for the treatment of paralytic polio, the use of "hot packs" to relieve pain, and passive movement of the affected limbs to 're-educate' the muscles. These methods were

quickly adopted by most Canadian governments and integrated into their polio hospitalization and treatment policies.²⁴

However, a wave of even larger polio epidemics occurred during the late 1940s and early 1950s in Canada, putting great strain on hospital infrastructure and staff to manage the cases, as well as government financial support to cover the growing costs of care. In 1948, Minister of National Health and Welfare, Paul Martin, Sr., introduced an annual \$30-million Federal Health Grant Program to assist public health work in Canada. During this pre-Medicare era, the Health



Paul Martin, Sr. served as Minister of National Health and Welfare from December 1946 through June 1957, assuming office shortly after his son was stricken by polio.
Source: sanofi pasteur limited

Grant Program doubled the federal government's health budget and provided a variety of matching provincial grants to support, among other programs, public health research and development, hospital construction and services for crippled children. Martin Sr.'s personal experience with polio in 1907 and that of his son, Paul, Jr. in 1946, had already raised the Minister's awareness of the great need for boosting polio services through the new grants program in the face of the growing polio threat.²⁵

Canada's polio epidemic era climaxed in 1953. During that summer and fall, epidemic polio was felt in Canada from coast to coast, causing nearly 9,000 cases and claiming some 500 lives. Ontario experienced its worst epidemic since 1937, while every province from Manitoba west felt the full effects of epidemic polio. In some communities, like Winnipeg, the incidence climbed beyond that seen anywhere in the world to that time.²⁶ Most disturbing were the high numbers of bulbar

cases among young adults, with many hospitals having to provide rooms filled with iron lungs. The Royal Canadian Air Force was enlisted to make emergency deliveries of iron lungs across the country as the need grew. At the peak of the polio crisis in Winnipeg, 92 cases were dependent on the respirators at the same time. This dramatic and desperate situation was repeated, though on a somewhat lesser scale, in many parts of Canada in 1953 and into 1954.²⁷

Canadian Science and the Salk Vaccine Story, 1947-1955

“One of the things you want to do in this kind of business is work yourself out of a job.”

Ray Wilson, Manager, Oral Polio Vaccine Production,
Connaught Laboratories Limited, 1979-89.²⁸

The University of Toronto’s Connaught Medical Research Laboratories had considerable research and production experience with biologicals, such as antitoxins, immune serums and vaccines, as well as insulin. Connaught had produced convalescent serum during the 1920s and 1930s and received its first funding from the NFIP for polio studies in the early 1940s.²⁹ The laboratories’ growing involvement in Canada’s polio problem was facilitated by its unique, self-supporting, non-profit, university-based organization, and by the close links between Connaught’s scientific and public health staff and local, provincial and federal health authorities across Canada. Professional collaboration and collegiality between the public sector and Connaught had clearly evolved since the laboratories’ 1913 founding in a humble backyard stable.³⁰

In 1947, Dr. Andrew J. Rhodes (1911-1995), a leading virologist from England with a special interest in polio, arrived at Connaught Laboratories at a time when a substantial post-war renewal of scientific energies and funding for polio was underway. Increased support came from the NFIP, the Canadian government and the private sector, particularly the Canadian Life Insurance Officers Association. Outside grants for Connaught’s polio research work grew sharply from \$4,242 in 1947-48 to \$174,926 in 1953-54 (from 16% to 48% of all outside grants).³¹ Rhodes’ polio studies were initially focused on developing laboratory methods for polio diagnosis and epidemiological studies of the poliovirus in river waters and sewage.³² Of special interest were immunological investigations of a dramatic and highly unusual polio epidemic that struck adult Canadian Inuit in Chesterfield Inlet, NWT, near James Bay, during the winter of 1948-49.³³

Despite the encouraging results of Rhodes and others working on the polio problem, significant progress towards a safe and effective polio vaccine remained stymied until 1949 when a method was developed to grow poliovirus in test tubes using non-nervous tissue cultures. This discovery finally freed researchers from their dependence on laboratory monkeys to cultivate the poliovirus. The Nobel Prize-winning advance – made by a research group in Boston led by Dr. John F. Enders – greatly motivated polio researchers in their work, including Rhodes’ group at Connaught.³⁴

By 1951, having built on several years of virological and epidemiological studies of the poliovirus, Rhodes’ research team was able to grow all three types of the poliovirus in a variety of human and monkey tissues.³⁵ However, a greater volume of the virus had to be produced for vaccine development. One member of Rhodes’ research team, Dr. Arthur E. Franklin, tried a new method that involved the synthetic nutrient base known as “Medium 199.” A complex and chemically pure mixture of over 60 substances, this medium was the first of its kind. It was developed at Connaught in 1949 by Dr. Joseph F. Morgan, assisted by Helen J. Morton, as part of a cancer cell nutrition project under the direction of Dr. Raymond C. Parker.³⁶



Although Dr. Andrew J. Rhodes had little direct personal experience with polio, by the mid-1940s he recognized the need for a level of serious and systematic research that had yet to be attempted with this perplexing disease.

Source:
sanofi pasteur limited



Dr. Leone N. Farrell applied her long experience with vaccine production at Connaught to the problem of large-scale cultivation of poliovirus fluids in monkey kidney cells and Medium 199 through the gentle rocking of large bottles in a custom-designed machine. Dr. Farrell is shown here next to the prototype rocking machine.
Source: sanofi pasteur limited

Medium 199 was effective for growing poliovirus on monkey kidney cell cultures without the use of animal sera³⁷ – an important attribute as animal sera would have rendered any potential vaccine too risky for use in humans, particularly because of potential allergenic reactions to proteins in the sera. Medium 199 provided a non-allergenic base for a vaccine. With this development, Dr. Jonas Salk of the University of Pittsburgh became confident that an inactivated polio vaccine (IPV) could stimulate the immune system enough to prevent polio in humans, just as it seemed to do in laboratory monkeys.³⁸ Events moved very quickly from that point. In late 1952, the residents of a disabled children’s institution near Pittsburgh were the first to receive Salk’s vaccine, which was produced with Medium 199 supplied by Connaught. The encouraging results of the trial were presented to the NFIP’s Immunization Committee in January 1953 and published in March of that year.³⁹

In the meantime, Rhodes’ research team at Connaught had focused on the problem of cultivating the poliovirus on an ever-larger scale. The breakthrough came in 1952-53, when Connaught senior researcher, Dr. Leone Farrell, developed the ‘Toronto method’ to cultivate bulk quantities of poliovirus fluids. Monkey kidney cells were first grown in Medium 199 using large ‘Povitsky’ bottles that were gently rocked in specially designed rocking machines. Technicians then carefully infected each bottle of cells with live poliovirus by means of thin glass tubes controlled by mouth. The bottles were further incubated on the rocking machines until the virus infected and destroyed all the cells, leaving a solution of poliovirus in Medium 199, which was then filtered, pooled and precisely tested for potency.⁴⁰

With the confirmation of the safety of Salk’s experimental IPV vaccine, and reeling from the largest polio epidemic in the US to date in 1952, the NFIP quietly commissioned Connaught to expand its new poliovirus production methods. In July 1953, the NFIP then asked the Laboratories to provide all the poliovirus fluids required for an unprecedented, double-blind polio vaccine field trial that was to begin in the US in the spring of 1954.⁴¹ There was no American counterpart with the facilities or experience to take on such a project.

Through the fall and winter of 1953-54, under the personal supervision of Connaught’s Director, Dr. R. D. Defries, large bottles of poliovirus fluids produced by the lab were regularly shipped across the border to be inactivated and processed into a finished vaccine at Parke, Davis in Detroit and Eli Lilly in Indianapolis. Salk described Connaught’s efforts of preparing the fluids in time for the field trial as “Herculean” in magnitude.⁴² For Connaught, while a major challenge, the project was similar to its large-scale development of insulin and diphtheria toxoid in the 1920s; heparin and pertussis vaccine in the 1930s; and typhus vaccine, dried blood serum and penicillin in the 1940s.⁴³

In Canada, the first news of a possible polio vaccine in the US emerged during the summer of 1953, in the middle of the country’s worst polio season. The prospect of a vaccine generated intense publicity, and raised challenging political issues for the Canadian federal and provincial governments given the substantial Canadian involvement in the vaccine’s development at Connaught.

While a few in his Department were aware of it, Paul Martin, Sr., the Minister of National Health and Welfare, first found out about the NFIP's polio vaccine trial and Connaught's major role in it by reading about it in the newspapers.⁴⁴ It is possible that a federal election, which occurred on August 10, 1953, in the midst of the 1953 epidemic, played a role in keeping Martin in the dark.⁴⁵ Martin's early awareness might have created a difficult election issue and further inflamed public demands for the vaccine that were even more impossible to meet than was the case with gamma globulin – a concentrated immune serum that, like convalescent serum earlier, was touted as the great polio hope during 1952-53, but was only available from Connaught in limited quantities.



In early 1954, Connaught technicians carefully prepare poliovirus fluids for testing and then distribution for final processing in the US for the mass Salk vaccine field trial.

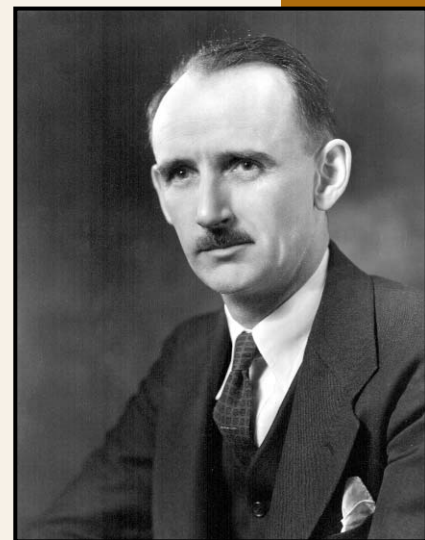
Source: sanofi pasteur limited

As Dr. G.W. Cameron, Deputy Minister of National Health, explained to Martin, Connaught's involvement with the NFIP's trial plans had been kept secret. This substantial involvement was a concern for Cameron, but he did not feel that a separate Canadian trial should be attempted until after the American experiment. A concurrent Canadian trial "might have some political appeal," but he felt it could not be justified on any other grounds. Moreover, as Cameron stressed to the Minister, Canada was "in an advantageous position since the most difficult part of vaccine production is actually going on in Canada and we can secure supplies for local use as soon as a sound production is established."⁴⁶

Martin, however, argued that because Connaught's activities with polio had also been financed by the federal government, "it seems to me we ought to make some arrangement at once to have some of it made available to us."⁴⁷ Cameron disagreed. Since the vaccine was untested and its safety not yet adequately established, he advised his Minister to watch the American scheme with interest as "[t]hey will provide the answers and we can benefit from them as quickly, if not more quickly, than any place else in the world."⁴⁸

Others in Martin's Department agreed with Cameron's advice, including Martin's secretary, who contributed a "female point of view." She felt that the Americans should go ahead if they wanted, but if she were a mother, she would not want her children involved in the first trial. "If we have to have further trials, Canada won't be running the same risk if [we are] in on them." But she also had "a feeling there might be quite a few repercussions from the first trial."⁴⁹

The NFIP polio vaccine trial began in the US on April 26, 1954 with an elaborate tracking system of some 1,800,000 children who were given: a) the vaccine, b) the harmless "Medium 199" as a placebo, or c) nothing and were simply observed to see if they contracted polio. In May, the Canadian government was invited to take part in the trial. However, given



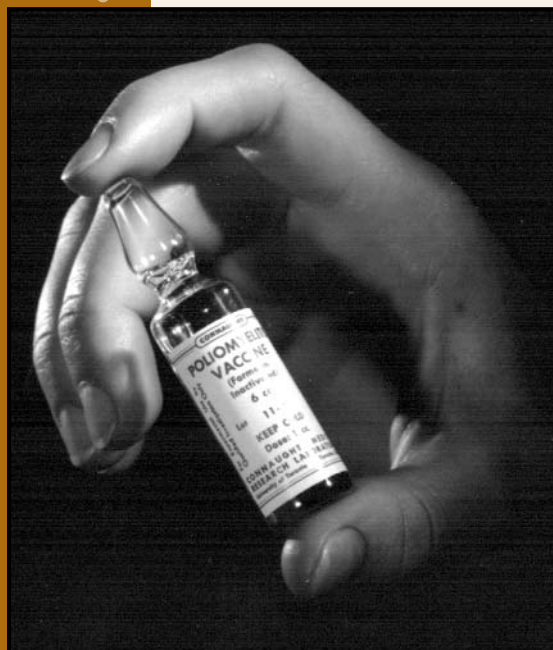
After working at Connaught in the 1930s, Dr. Donald Gordon W. Cameron joined the federal Laboratory of Hygiene, and in 1946, was appointed Deputy Minister of National Health. He played a central role in managing Canada's response to worsening polio epidemics and the introduction of the Salk and Sabin polio vaccines.

Source: sanofi pasteur limited

the late offer, Canadian involvement was limited to two provinces and one city. The seriousness of the 1953 epidemic catalyzed interest in the field trial on the part of Manitoba, Alberta, and the City of Halifax.⁵⁰ At the same time, Connaught focused on preparing and testing its own finished vaccine. In concert with federal and provincial health authorities, Connaught set its sights on planning for a national, all-Canadian, observed/controlled trial of its vaccine to begin in early April 1955, regardless of the results of the 1954 trial in the US.⁵¹



As this image vividly captures, the triumphant news of the Salk vaccine's effectiveness on April 12, 1955 was bittersweet for polio victims, for whom the vaccine came too late.
Source: Polio Canada



Despite the "Cutter Crisis" in the US, Connaught's Salk polio vaccine was safely in hand for Canadians.
Source: sanofi pasteur limited

On April 12, 1955, the announcement of the highly anticipated IPV field trial results in the US turned into a major media event. Depending upon the type of poliovirus (I, II, or III), the new vaccine was 60 to 90% effective in protecting children against the paralytic disease. After licensure by regulators in Washington, six US vaccine producers rush-released their vaccines to meet the demand. Unlike in the field trial experience, the US government did not test each batch of new vaccine produced.⁵² Meanwhile, the Canadian trial of the Connaught vaccine had begun on April 1, with the federal and provincial governments sharing the full cost of the vaccine and distributing it free to children in grades 1 to 3 (6- to 9-year-olds), who were considered most susceptible to polio.⁵³

But at the end of April, public euphoria over the Salk vaccine was shattered when 79 American children, given the polio vaccine produced by Cutter Laboratories in California, contracted paralytic polio. This development forced Cutter's vaccine off the market, and on May 8, 1955, the US Surgeon General suspended the entire American vaccination program. The problem was limited to Cutter Laboratories, and was later found to be caused by incomplete inactivation of the poliovirus in selected lots.

In Canada, Paul Martin, Sr. faced one of his most difficult political decisions. Should he follow the example set by the US Surgeon General and call off the Canadian polio vaccine clinical trials? Prime Minister Saint-Laurent wanted to follow the American lead and cease the immunization program. Based on Connaught's long experience with the development of the vaccine, coupled with his personal experience of the disease, Martin maintained his confidence in the Canadian-produced vaccine. Moreover, he was hesitant to bring the issue to Cabinet, where other Ministers may well have forced a cancellation of the program based on unsubstantiated fears and minimal knowledge of the facts. Thus, after consulting with Defries (who was sent to the US to investigate the situation), senior officials in his Department, as well as provincial health authorities, and with no reports of polio cases associated with the vaccine in Canada, Martin, under his own authority, insisted

“That decision was one of the most important decisions my father ever made. He had suffered from polio as did I. Polio was part of our family ethos. ...His great concern was to see [polio] eradicated. Offsetting that was this great danger. Was it this one American lab that had made a mistake, or was it the whole process? And in the end, it came down to his confidence in the Canadian medical research capacity.”

Paul Martin, Jr., in the March of Dimes film,
“A Most Honourable Legacy”

the Canadian immunization program continue. On May 7, he publicly announced his decision, saying, “I am satisfied that the Connaught Laboratories, at present the sole source in Canada of the vaccine, is engaged in doing everything it can to provide the maximum amount for the use of our children.”⁵⁴

The Canadian success in manufacturing and freely distributing a safe polio vaccine contrasted sharply with the tragic events south of the border. It generated considerable media attention and political debate in the US, in particular highlighting the differing levels of government funding for public health between the two countries, and the contrasts in planning, testing, distributing and paying for the vaccine.⁵⁵ The Canadian decision to continue also meant a great deal to Jonas Salk personally and played a major role in ensuring the future international use of the IPV vaccine in the control of polio.

In November 1955, shortly after retiring as Director of Connaught, Dr. Defries was awarded the American Public Health Association’s highest honour – the Albert Lasker Award – for his long career in the service of public health and his personal leadership during the development and introduction of the Salk polio vaccine. He received the award from former US President, Harry Truman.

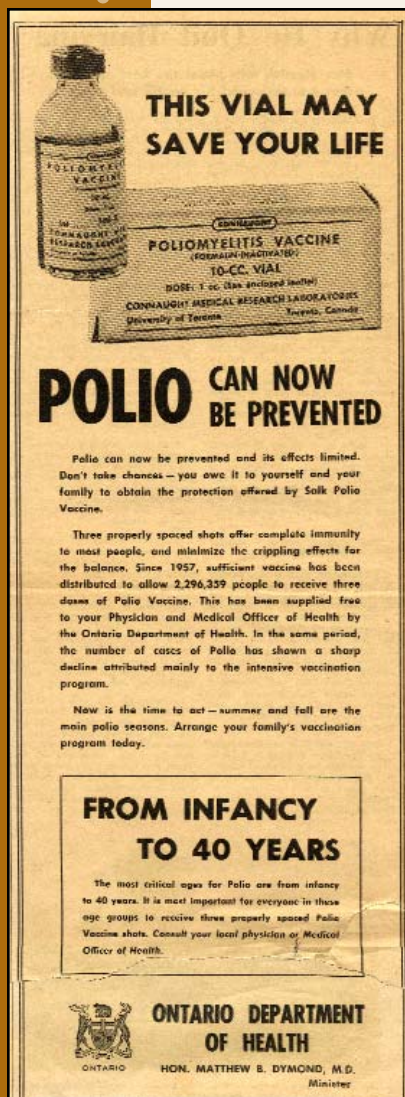


Dr. Robert D. Defries (right) receives the American Public Health Association’s Albert Lasker Award from President Harry S. Truman, November 1955.

Source: sanofi pasteur limited

From Salk to Sabin, 1955-1962

Immunization with the Salk vaccine clearly struck a crippling blow to paralytic polio, but did not definitively end all outbreaks of the disease. By June 1956, Connaught had delivered 2.3 million doses of Salk vaccine in Canada, enough to bring the total population of vaccinated children under ten years of age to 1,800,000. Of this group, 90% had received at least two doses.⁵⁶ By this time, Connaught’s vaccine was clearly demonstrating its effectiveness in preventing paralytic polio among those who received it, reinforcing the results of the original American field trial. Based on evidence collected in several provinces during and after the 1955 Canadian polio immunization program, it was clear that those children who had received two or three doses of the vaccine experienced significantly less paralysis than those who did not. Indeed, the March 1956 issue of the NFIP’s newsletter summarized the 1955 Canadian Salk vaccine field study, its front page headline heralding how “Canada Reports Shots Safe, 85% Effective.”⁵⁷



This notice from the Ontario Department of Health in 1958 stressed the importance of polio immunizations for all ages, especially adults, who were falling victim to the disease in 1958 and more seriously in 1959.

Source: sanofi pasteur limited

Nevertheless, assessing the impact of the Salk vaccine on wild poliovirus infection rates in Canada was difficult. From 1950 to 1955, wide natural variations in incidence of paralytic polio in Canada occurred, peaking in 1953 and then sharply declining in 1954 and 1955. National incidence remained low during 1956 and 1957, when it dropped to an attack rate level not seen since 1926. Of more significance in 1957 was the substantially higher paralytic attack rate among children under 5 than in any other age group. At the same time, the paralytic attack rate for adults from 20 to 39 was as high or higher than reported among school-age groups. This situation generated a wave of polio outbreaks and epidemics in several provinces in 1958, 1959 and 1960. These events prompted more aggressive polio immunization campaigns across the country, especially among adults.⁵⁸

As part of a strategy to boost polio and general paediatric immunization levels in Canada, Connaught researchers focussed in 1956 on adding the Salk polio vaccine to its standard diphtheria / pertussis / tetanus (DPT) product. In 1958-59, the federal and provincial governments extended their shared-cost payment arrangement for the Salk polio vaccine to the newly licensed DPT-Polio vaccine combinations (including DT-Polio and T-Polio) to reinforce free and universal polio immunization among older age groups.⁵⁹ Meanwhile, beginning in 1957, and once a stable and sufficient Canadian supply was available, Connaught's Salk vaccine was exported to Czechoslovakia and Great Britain, and soon to some 44 other countries that had limited or no local vaccine supply and would otherwise be without protection against the growing global threat of polio.⁶⁰

While expanding the production and use of the Salk polio vaccine nationally and internationally, Connaught also intensified its research focus in 1958 on the development of a trivalent oral polio vaccine (OPV), using attenuated poliovirus strains developed by Dr. Albert Sabin of Cincinnati.⁶¹ While developing OPV production methods, Connaught played an important role in facilitating the evaluation and international supply of the Sabin vaccine by conducting a well-coordinated series of field "demonstrations" of the vaccine in Quebec, Saskatchewan, Nova Scotia and Manitoba in 1960-61.⁶² In particular, a series of pioneering genetic stability studies of attenuated polioviruses were conducted in Quebec City and Montreal.⁶³ Based primarily on these Canadian demonstrations – held under the supervision of a special technical advisory committee of the Dominion Council of Health headed by Dr. A.J. Rhodes – a trivalent Sabin vaccine was licenced in Canada in March 1962.⁶⁴

During this period, the politics surrounding the live polio vaccine (OPV) became more challenging, especially in the international context. Several countries hosted large-scale oral vaccine field trials based on rival vaccine strains, although Sabin's seemed the safest. Deep in the Cold War period, Sabin's vaccine attracted the most attention when the Soviet Union boldly vaccinated its entire population with the vaccine in 1959, and then offered to give it away to any country willing to accept it. This situation was further politicized since no American vaccine could be exported without a federal licence: it had to first meet domestic standards. In Canada, an export licence for the vaccine was not required at the time, and Connaught had only to satisfy the requirements of the importing country. This provided Connaught with an advantage

over American OPV producers. Connaught was freer to export its still unlicensed vaccine to countries desperate for any kind of protection from epidemic polio. For example, in 1961, a 3-million-dose supply of OPV was rushed to Japan to bring a major polio epidemic under control. This episode led to a further order by the Japanese government for 17 million doses of Connaught's OPV.⁶⁵

From Sabin to Salk, 1962-1995

By 1962, to have not one, but two, highly effective vaccines available against a dreaded disease was unique in medical history. The Salk inactivated injected (IPV) and the Sabin attenuated live oral (OPV) vaccines were quite different in approach, production and administration. In some jurisdictions, it was clear to public health authorities that both vaccines could work well together, utilizing their relative strengths to prevent polio and limit the risks of inadvertently causing the paralytic disease. Such a view was common in Canada by the time OPV was licensed. In other countries, such as the US, choosing and maintaining the use of one type of polio vaccine over the other seemed preferable for various practical, epidemiological, political and legal reasons.

After the Canadian licensing of OPV, research and development efforts at Connaught did not stop with OPV and IPV. Both vaccines could be further perfected. Rapidly changing national and international regulatory standards, new technologies, and growing international demand for polio protection, drove scientists at Connaught towards developing better polio vaccines of both types. For example, Connaught licensed a concentrated and purified IPV in 1965. By 1976, a new large-scale poliovirus cultivation technology called the Multi-Surface-Cell-Propagator (MSCP) was developed at Connaught by Dr. Wolf Parisius. One MSCP unit had a cell growth surface area equal to between 31 and 55 of the "Povitsky bottles" used in the original Toronto method of "rocking bottle" cultures.⁶⁶ In 1989, Connaught introduced an enhanced potency inactivated poliomyelitis vaccine (eIPV), which was produced on a cell substrate of MRC-5 human diploid cells using microcarrier cultures in large 1,000-litre fermentors. After a complex and precise production process lasting 18 months, one small vial of MRC-5 cells produced some 700,000 doses of eIPV.

Beginning in 1955, all provinces and territories in Canada used polio vaccines produced by Connaught. After January 1959, they adopted the combined DPT-Polio (diphtheria, pertussis, tetanus, polio vaccine) product, or its variations, DT-Polio (diphtheria, tetanus and polio vaccine) or T-Polio (tetanus and polio vaccine) for adults. In 1962, with the licensing of Connaught's trivalent OPV, some provinces switched exclusively to this product, while others switched to a mixed Salk/Sabin schedule. Nova Scotia and Ontario have used IPV exclusively since 1955 (except during Ontario's IPV shortage in the early 1990s). Newfoundland, Saskatchewan, Manitoba, Alberta and Prince Edward Island adopted a mixed schedule of IPV and OPV, as of 1962. Newfoundland, Saskatchewan and Manitoba then switched to an exclusive OPV schedule during the 1970s, as did Alberta in the 1980s. Newfoundland switched



The Multi-Surface Cell Propagator, or MSCP, was based on an apparatus in which monkey kidney cells were grown on narrowly spaced glass discs mounted on a steel shaft that turned inside a glass cylinder. To maximize poliovirus production, several MSCP units were utilized together on specially designed portable carts.

Source: sanofi pasteur limited



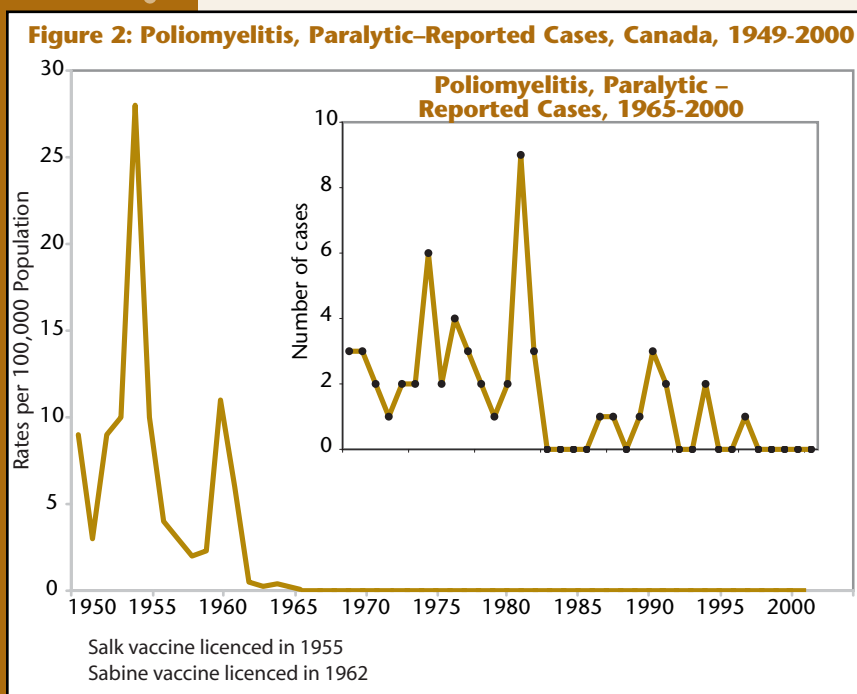
Since the early 1990s, Connaught's eIPV has been produced using poliovirus cultivated in microcarrier MRC-5 human diploid cell cultures inside specially designed, computer-controlled, 1,000 litre fermentor tanks.
Source: sanofi pasteur limited

back to an exclusive IPV schedule in 1979. British Columbia, New Brunswick, Quebec and the northern territories adopted an exclusive OPV schedule in 1962.⁶⁷ In 1985, Connaught introduced a new line of “adsorbed” polio combination vaccines, which contained an aluminum phosphate adjuvant. This improvement increased the potency of the tetanus and diphtheria components and permitted a reduction in the dose volume from 1 ml to 0.5 ml.

Between 1994 and 1997, all Canadian provinces and territories transitioned to the exclusive use of the new enhanced potency eIPV in a new pentavalent paediatric vaccine combination product known as Penta™, which also included DPT and Hib

(*haemophilus influenza type b* vaccine). By 1998, all provinces had shifted to using eIPV in an improved pentavalent combination product, Pentacel™, which included the less reactogenic and more efficacious 5-component acellular pertussis vaccine.

All of these immunization strategies have proved to be highly effective in eliminating polio. At the peak of Canada's polio epidemics in 1953, almost 9,000 cases were reported. By 1965, a decade following the introduction of polio immunization in 1955, only 3 cases were reported nation-wide, and no cases of wild poliovirus were reported in Canada in 1968. Indeed, by the time that OPV was introduced in 1962, Canada was well on its way to eliminating polio. A total of 89 cases were reported in 1962, 123 in 1963, and only 19 in 1964. Annual cases of wild poliovirus since 1968 have ranged from 0 to 9. An additional 12 cases of paralytic polio have occurred in contacts of OPV recipients, and 4 OPV recipients have experienced vaccine-associated polio paralysis.



Thus, the Canadian experience with polio vaccines can be divided into two periods: the initial elimination of endemic polio and the maintenance of polio control. The greatest reduction in the incidence of polio was achieved between 1955 and 1964 when total annual cases were reduced from a high of 1,886 in 1959 to 19 cases in 1964. This was achieved primarily with IPV, which was used by all provinces between 1955 and 1962. Ontario and Nova Scotia, maintaining an exclusive IPV schedule beyond 1962, achieved an equally effective control of polio as the other 8 provinces that introduced OPV alone or with IPV (see Figure 2).

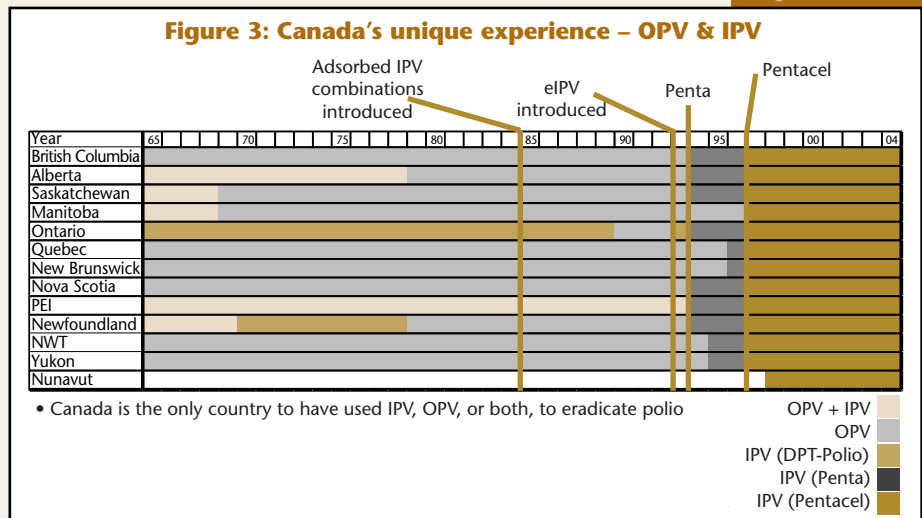
The last outbreak of wild polio in Canada was caused by an imported, unimmunized case from the Netherlands in 1978 and then spread among local groups in Ontario, Alberta and British Columbia that, like the original Dutch case, had refused the vaccine on religious grounds. A total of 9 polio cases were the result. In 1992-93, a similar episode involved a polio outbreak in the Netherlands among the same unvaccinated religious group as in 1978, resulting in 68 cases of polio caused by the wild virus. While there was an isolation of wild type 3 poliovirus in southern Alberta linked to the Netherlands outbreak, unlike in 1978, there were no cases of polio reported in Canada.⁶⁸ Since 1993, no cases of wild polio have occurred in Canada. Based on extensive experience using both IPV and OPV, polio immunization in Canada has been an unqualified public health success, completely eliminating the disease.

Canada has been fortunate to have utilized multiple immunization approaches in various provinces over the last 50 years: OPV alone, IPV alone or in combinations, mixed schedules, IPV followed by OPV, and IPV combinations with DPT or DTaP and Hib combinations. This experience provides much food for thought with respect to post-eradication plans for the use of polio vaccines under consideration by different countries (see Figure 3).

Like many other industrialized countries, Canada is now in the unprecedented situation of having a large cohort of children and adolescents that are fully immunized against polio, but have grown up unchallenged from natural exposure to polio. Most Canadian adults received a full series of immunization in childhood, but have not been boosted since. Waning polio immunity today is due to the lack of adult boosting, growing anti-immunization tendencies among some parents, and general complacency about the now, nearly invisible polio. Ontario is the only province where Td-Polio boosters were offered to high school children routinely till 2003. Thus, at a time of complete polio elimination in Canada, the number of susceptible individuals could actually be increasing, placing those individuals at risk for imported cases of polio. Public health officials must remain vigilant to ensure that post-polio-elimination immunization strategies, including boosting strategies, are in place in Canada for any future polio outbreaks.

“Today, most Canadians have forgotten it all – the illness, suffering and death caused by infectious diseases in this country. ...Because we have forgotten how polio, for instance, affected individuals and communities, we have become complacent about its continuing impact on others around the world and its ongoing threat to us all.”

The Value of Vaccines: 2 – Yesterday, Today, Tomorrow,
Aventis Pasteur Ltd., 2002

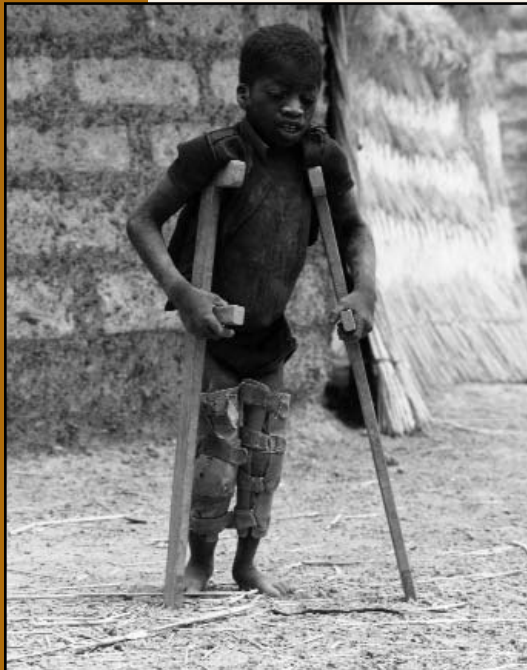


“Polio anywhere is a threat to children everywhere.”

Dr. Rima Salah, Regional Director for
West & Central Africa, UNICEF, 2004

Canada & Global Polio Eradication

Building on the success of the global smallpox eradication effort during the late 1960s and 1970s, the World Health Assembly in 1988 resolved to eradicate polio globally. At the forefront of the eradication effort is the Global Polio Eradication Initiative (GPEI). The GPEI is spearheaded by the World Health Organization (WHO), UNICEF, Rotary International, and the US Centers for Disease Control and Prevention (CDC) and is the world’s largest-ever public health endeavour. In addition to the key organizations noted above, the initiative includes national governments, private foundations (e.g., United Nations Foundation, Bill & Melinda Gates Foundation), development banks (e.g., World Bank), donor governments (e.g., Australia, Belgium, Canada, Denmark, Finland, Germany, Italy, Japan, UK, USA) and corporate partners (e.g., sanofi pasteur, De Beers). Volunteers in developing countries also play a key role, with thousands participating in mass immunization campaigns every year.



When the WHO’s polio eradication initiative began in 1988, there were an estimated 350,000 polio cases like this one every year occurring in 127 countries, especially in the developing world.

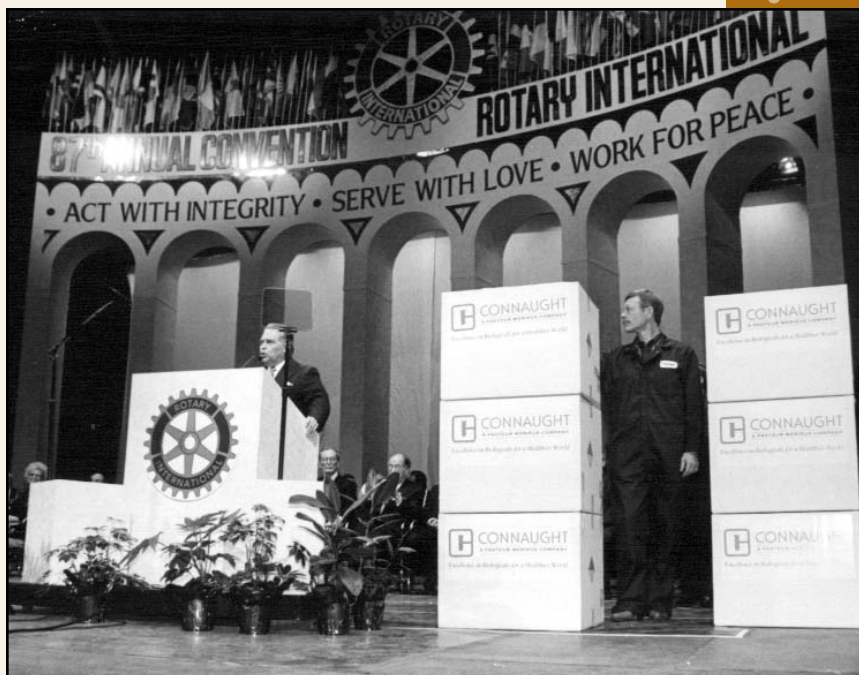
Source: World Health Organization

Through the work of the GPEI, health authorities and their partners have pledged to make polio the first disease of the 21st century to be fully eradicated. When the GPEI began in 1988, wild poliovirus was endemic in more than 125 countries on five continents, paralyzing more than 1,000 children every day. Since then, GPEI has slashed polio cases by more than 99 percent, and indigenous polio has been eliminated from all but 6 countries of the world. Roughly two billion of the world’s children have been immunized against polio with the cooperation of more than 200 countries and 20 million volunteers, and funded by an international investment of US\$3 billion. The expected gains from global polio eradication, apart from alleviating an estimated 350,000 annual cases of polio, have been evaluated at a savings of US\$1.5 billion annually.

From its Connaught Campus, sanofi pasteur has supplied a large percentage of the OPV used in global eradication efforts. Much of the vaccine has been purchased through UNICEF, including 7.2 million doses in 1998 and another 20.8 million in 1999-2000. In March 2000 after 40 years of provision, OPV production ended at the Connaught Campus as even larger OPV production capacity became possible within Aventis Pasteur (now sanofi pasteur) facilities in France. The Connaught Campus, however, has since boosted its IPV production to meet global demand.

The global eradication of polio requires a broad program of initiatives, ranging from massive immunization activities to aggressive laboratory containment of poliovirus stocks. The GPEI has relied on four strategies to achieve its goals: routine immunization, mass campaigns (National Immunization Days or NIDs), surveillance and house-to-house ‘mop-up’ campaigns. Using these strategies, GPEI seeks to eradicate polio by 2008.

In 1994, the WHO Region of the Americas was certified polio-free. In 2000, the WHO Western Pacific Region (including China) was certified polio-free, and the WHO European Region has been free of polio since 2002. However, the GPEI suffered setbacks in Africa in 2004 when Nigeria suspended vaccination in some states, and a multi-country epidemic broke out. By end of December 2004, a total of 1,113 polio cases had been reported in the 6 endemic countries and in 10 African countries in which the disease was imported. Fortunately, immunization efforts had resumed in Nigeria in July 2004, and mass campaigns in 22 African countries are now targeting 74 million children.



Connaught donated 1 million doses of OPV to the global polio eradication effort at the 67th Rotary International Conference, which was held in Calgary in June 1996.

Source: sanofi pasteur limited

In a unique situation, Egypt – a polio-endemic country – has succeeded in eliminating two of the three types of poliovirus. However, despite repeated vaccination campaigns with trivalent OPV, type 1 poliovirus continues to circulate in two densely-populated regions of Egypt (Menia/Assiut and Cairo/Giza). In response, GPEI and Egypt's Ministry of Health have decided to go beyond the traditional eradication approach of vaccinating against all three types of polio at one time. Egyptian health authorities and WHO, in collaboration with sanofi pasteur, are developing a monovalent oral poliovirus type 1 vaccine (mOPV1) for use in addition to trivalent OPV. Experts believe that administering the monovalent vaccine will mean that more children in Egypt will develop immunity to type 1 poliovirus, thus reducing the opportunities for further transmission. The monovalent OPV will be used in specific targeted campaigns in the two regions mentioned above, along with trivalent OPV that will be used for routine immunization activities in these two regions and in the rest of Egypt.

In part because of its own history with polio, Canada has been particularly sensitive to the world's needs for combating the disease. Canada has an international reputation as a world leader in global smallpox and polio eradication efforts and vaccine development. Since 1988, Canada has been one of the top five donors to the GPEI, contributing a total \$110 million to polio immunization efforts.

The Canadian International Development Agency (CIDA) committed \$10 million annually for five years (1998-2002) to support the Canadian International Immunization Initiative (CIII) and renewed that commitment in 2003, with an additional \$80 million for the period 2003-2008. CIII is Canada's contribution to the Expanded Programme of Immunization (EPI). EPI is a WHO program, in partnership with governments, UNICEF, other United Nations agencies, bilateral development agencies and non-governmental organizations (NGOs), to immunize the world's children against six vaccine-preventable diseases: measles, diphtheria, pertussis, tetanus, tuberculosis and polio.

The Canadian Public Health Association (CPHA) has been an important partner in these efforts as the implementer of the technical assistance component. Since 1998 in a two-phase program (CIII-2) that extends to 2008, CPHA identifies and recruits Canadian technical consultants to assist WHO, UNICEF and also the Pan American Health Organization (PAHO) to strengthen immunization capacity and disease surveillance systems towards polio eradication, the elimination of measles and to provide general support to immunization programs in developing countries. The initiative aims to strengthen immunization capacity, disease surveillance systems and primary health care (PHC) systems. CIII-2 recruits and deploys Canadian professionals with expertise in immunization-related issues to specifically assist in the end-game polio eradication efforts and to strengthen immunization systems overall in selected countries of Africa, Latin America, South East Asia and Central and Eastern Europe.

As well, CPHA in partnership with Health Canada and Aventis Pasteur (now, sanofi pasteur) hosted a key International Polio Symposium in Ottawa in March 2001 to review the Canadian experience with OPV, IPV and combination vaccines and share lessons learned that would facilitate the planning for use of OPV and IPV for global post-polio-eradication plans. This symposium was particularly timely given the Hispaniola outbreaks of vaccine-derived polio outbreaks at this time.

In another example highlighting the deep personal links in Canada to polio elimination, polio survivor and then federal Minister of Finance, Paul Martin, Jr. invited Canadian big business CEOs attending a Rotary International reception in May 2002, to donate a further \$5 million for polio eradication. Any funds raised at this event were matched dollar-for-dollar by the Bill & Melinda Gates Foundation, and by 150% by the WHO. Highlighting his personal polio story and the work of his father in introducing the Salk vaccine, Martin was joined in his advocacy presentation by GPEI's director, Dr. Bruce Aylward, a Canadian epidemiologist from Newfoundland.⁶⁹

As indicated above, the world witnessed a resurgence of polio outbreaks in central and western African countries in 2004 caused by low immunization coverage and the importation of wild poliovirus. In response, the GPEI – together with the WHO, affected countries and the international community – is dramatically expanding polio immunization activities in 2005 and 2006 to meet its eradication targets and halt the spread of the disease. At the same time, GPEI launched an appeal for funding to support these efforts, indicating that an additional US\$200 million would be required to the end of 2005, with an initial US\$35 million urgently needed by mid-January 2005. On January 17, 2005, the government of Canada announced \$42 million in funding to support the GPEI and meet the immediate shortfall.

Canada's humble beginnings in the fight against polio have brought the world forward to what all had hoped for – a world without polio. The fight had begun in earnest with the development of the first inactivated polio vaccine at Connaught Laboratories in the early 1950s. Now, the world prepares for the last stages of polio eradication and must address the complex questions surrounding global post-eradication vaccination policy. It must also struggle with managing the long-term after-effects of the disease, including post-polio syndrome.

Sustained collaborative support is critical to achieve the ultimate goal of certification of a polio-free world. As long as a single child has polio, children in all countries remain at risk of contracting the disease, given that the virus can be imported easily and spread rapidly. Therefore, in preparation for the vaccine needs of the post-polio-eradication era, sanofi pasteur, at the Connaught Campus, has already increased production of acellular pertussis vaccine

combinations containing IPV. Moreover, sanofi pasteur is actively working with WHO and various other partners to assist in the development of policies and strategic plans for the use of inactivated polio and combination vaccines, and stockpiling of oral polio vaccines – including monovalent OPV – to ensure that the risk of polio is minimized for children and adults in the future.

A polio-free world will be, in part, a testament to the great Canadian scientists who helped to develop the world's first polio vaccine. It will also speak to the courage of Canada's Minister of National Health and Welfare, the Honourable Paul Martin, Sr. And finally, it will be an acknowledgement of all Canadians – through the contributions of their governments and the many individual public health and health care professionals, vaccine industry experts and academics who worked hard to bring Canada's freedom from polio to the rest of the world.

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30. See note 5: Connaught Medical Research Laboratories was the official name of the organization between 1946 and 1972. Its previous names were: "The Antitoxin Laboratories in the Department of Hygiene" (1914-1918), "Connaught and Antitoxin Laboratories" (1917-1918), "Connaught Antitoxin Laboratories" (1918-1923), and "Connaught Laboratories" (1923-1946). See, Defries, *First Forty Years*, 10, 65, 213. From 1972 to 1999, the legal name was "Connaught Laboratories Limited," and then changed to "Aventis Pasteur Limited" (Connaught Campus). As of January 2005, it became sanofi pasteur ltd.
31. For details on the outside grants, see: Ruty, "Do Something!," Table 5. CMRL's outside grants during this period originated from: National Research Council, Ontario Cancer Treatment and Research Foundation, National Cancer Institute of Canada, National Foundation for Infantile Paralysis (US), Canadian Life Insurance Officers Association, Federal-Provincial Public Health Research Grants, Tuberculosis Control Grant, Defense Research Board, Insulin Committee Grants, W.K. Boyd Memorial Fund, J.P. Bickle Grants, National Institutes of Health (US).
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