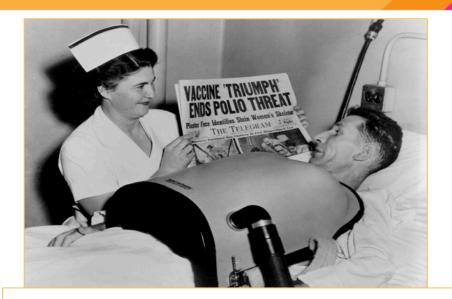


Health Science Forum
Shaw Convention Centre,
Ottawa
January 21, 2019

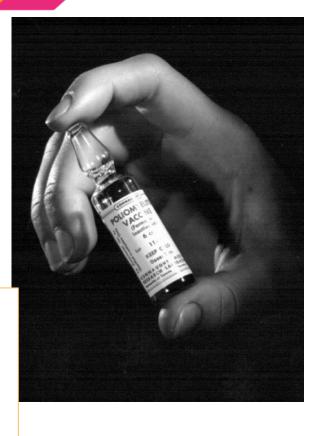
By Christopher J. Rutty, Ph.D.

Professional Medical/Public Health Historian
& Adjunct Professor,
Dalla Lana School of Public Health,
University of Toronto





"HEALTH CANADA,
PAUL MARTIN SR.
& THE POLIO STORY"





By Christopher J. Rutty, Ph.D.

Professional Medical/Public Health Historian
& Adjunct Professor,

Dalla Lana School of Public Health,

University of Toronto

INTRODUCTION



- 2019 100th anniversary of Health Canada, originally the Dominion Department of Health
- 1928 Department of Pensions & National Health after merger with Department of Solders' Civil Re-establishment
- 1944-1993 Department of National Health & Welfare
- 1993-Present Health Canada
- 1946-1957 Paul Martin, Sr. was the longest serving Minister in the history of Health Canada and had the most significant influence on its evolution, especially during the critical post-war era
- Among the many public health challenges faced by Martin while Minister of National Health & Welfare, poliomyelitis was one of the most important, and certainly the most personal

INTRODUCTION

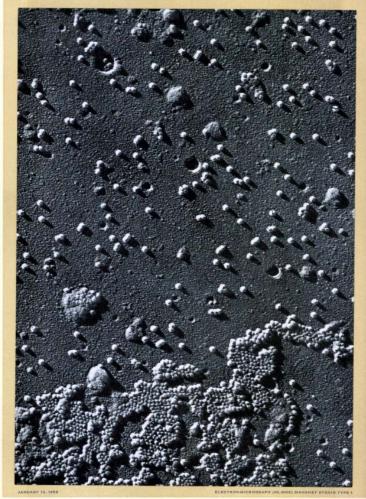


- 1907 Paul Martin was stricken with polio
- 1946 Paul Martin Jr. was also stricken with an especially severe case of polio at age 8
- 1946-1953 Worsening polio epidemics would become an increasingly national public health challenge and an important catalyst for the expansion of the federal government's active role public health, especially through the federal health grants program, launched by Martin in 1948
- 1954-1957 Martin would oversee the federal government's close involvement in the mass field trial of the Salk polio vaccine and its launch and further evaluation in Canada, all in close collaboration with Connaught Medical Research Laboratories of the University of Toronto, which played a key role in its development and production

POLIO: "THE MIDDLE CLASS PLAGUE"

- Polio is caused by one of the smallest known viruses; initially infects the gastrointestinal tract, usually harmlessly, but can become more serious if it escapes the gut, enters the nervous system and damages the motor-neurons in the spinal cord, causing varying degrees of muscle weakness or paralysis
- No two cases of paralytic polio alike; virus could cause weakness/ paralysis of a finger, to a leg, arms, chest and/or throat muscles (requiring an "iron lung"), or the whole body
- Prior to late 19th century, the poliovirus (types I, II, III) was endemic, primarily spreading oral-fecally, and infecting almost all very young children with a harmless & immunizing gastrointestinal 'flu-like illness

Sanofi Pasteur Canada Archives



The First Visualization of Polio Virus

POLIO: "THE MIDDLE CLASS PLAGUE"

- As public health/ hygiene standards improved, exposure to the poliovirus became increasingly delayed and less universal
- Over time, more children (and young adults) thus grew vulnerable to paralytic infection if the poliovirus was able to invade nervous system
- Polio outbreaks and epidemics increased until polio vaccines were available; the middle class was particularly vulnerable
- **1860s-1880s** First reports of "infantile paralysis" outbreaks in Europe; not clear if disease contagious
- **1874** "Poliomyelitis" scientific name given (inflammation of grey matter in spinal cord)
- **1880s-1890s** First polio outbreaks in North America
- **1908** Isolation of poliovirus in laboratory monkeys

Journal of Experimental Medicine, March 1910

EXPERIMENTAL EPIDEMIC POLIOMYELITIS IN MONKEYS.¹

BY SIMON FLEXNER AND PAUL A. LEWIS.

(From the Laboratories of the Rockefeller Institute for Medical Research, New York.)

PLATES XVIII AND XIX.

INTRODUCTION.

Epidemic poliomyelitis has become, in the past decade, a world-wide disease. The present state of our knowledge of the epidemic spread of poliomyelitis, up to the outbreaks in Europe and America since 1907, is well given in Wickman's² monograph. That epidemic poliomyelitis is an infectious disease is clearly pointed out by Medin,³ although, at an earlier date, Cordier⁴ gave it as his belief that it is a contagious disease. The most convincing evidence of the contagiousness of epidemic poliomyelitis is supplied by Wickman's⁵ studies of several Swedish epidemics.

Up to the present time there has existed no convincing knowledge of the nature of the agent causing epidemic poliomyelitis. Various bacteria and especially certain cocci⁶ have from time to time been isolated in cultures from fluids obtained by lumbar puncture from patients suffering from epidemic poliomyelitis, or from specimens of the central nervous system removed at autopsy. These bacteria did not conform to one species or group of microörganisms and did not suffice to set up poliomyelitis in animals. They can be accounted for more satisfactorily as contaminations or secondarily invading bacteria than as the cause of the disease.

¹ Received for publication January 3, 1910.

² Wickman, Beiträge zur Kenntniss der Heine-Medinschen Krankheit, Berlin, 1007.

³ Medin, Verhand. des x Internat. Med. Congresses, Berlin, 1800, ii, 37.

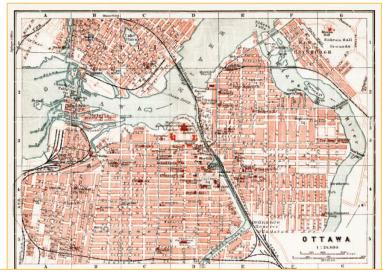
⁴ Cordier, cited by Medin, Lyon médical, 1888, Ivii, 5, 48.

Wickman, op. cit.

⁶ Geirsvold, Norsk Magazin f. Laegevid, 1905, iii, 1280 (cited by Harbitz and Scheel).

POLIO: "THE MIDDLE CLASS PLAGUE"

- 1907 When 4-year-old Paul Martin was stricken with polio in Ottawa, very little was known about it
- There was no diagnostic test and Martin's polio case was also described as cerebo-spinal meningitis
- He was bed-ridden for four years and had to be pulled around on a wagon, and bore "its scars into adult life – slightly deformed knees and a partly paralyzed upper body"



 While cases were isolated in the Ottawa area, New York City experienced a significant polio epidemic in 1907 with over 2,000 cases reported

EPIDEMIC INFANTILE PARALYSIS.*

M. ALLEN STARR, M.D., LL.D., Sc.D. Professor of Neurology, Columbia University.

NEW YORK.

During the summer of 1907 an epidemic of infantile paralysis occurred in New York City and its vicinity. The number of cases (probably over 2,000) was so many, the extent of the disease in the city and along Long Island Sound into Connecticut and up the Hudson River as far as Ossining was so rapid, the severity of the cases was so intense and deaths from the disease so frequent, that the epidemic excited a great amount of interest both among the laity and the profession. It seems wise, therefore, to put on record some special account of this epidemic, to call attention to particular clinical features that were presented, to trace the course of the cases as far as possible, and also to bring together an account of other epidemics that have occurred in the past, inasmuch as a large number of records have now accumulated concerning the prevalence of this disease in epidemic form.

Through the kindness of Dr. Simon Flexner I am enabled to present the results of a biological study, made by Dr. Martha Wollstein at the Rockefeller Institute, of the cerebrospinal fluid from cases of the disease, and also the results of an autopsy on one case.

Journal of the American Medical Association, July 1908, p. 112

POLIO, 1910: A WATERSHED YEAR

- Aug 1910 the first widespread appearance of the "strange" and often deadly "new disease" of "infantile paralysis" in Canada sparked a wave of public and medical concern
- Initially concentrated in the Hamilton area, the outbreak began with a young girl originally thought to be suffering from rabies, who then died, however "poliomyelitis" proved to be the cause of death; cases soon appeared in Toronto

CHILDREN ARE ATTACKED BY STRANGE EPIDEMIC

Twenty Cases of Fever and Infantile Paralysis—Once Swept Over the States.

Special to The Star.

Hamilton, Ont., Aug. 17.—An epidemic of poliomyelitis, or infantile paralysis, a comparatively new disease, which is attracting much interest among medical men the world over, has broken out here.

A score of cases have been reported to the Health Department, and the disease scens to be spreading. It was first noticed three or four weeks ago when a little girl, supposed to be suffering from hydrophobia, was taken to the bospital, where she died. It was later discovered she was a victim of infantile paralysis.

The disease generally begins with a high fever and then the patient is suddenly stricken with paralysis.

While most of the cases here are children under four years of age, two or three adults are victims.

Some years ago the disease swept over a portion of the States, claiming victims by the hundreds.

Toronto Star, Aug. 17, 1910, p. 1

POLIO, 1910: A WATERSHED YEAR

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- Initially concentrated in the Hamilton area, the outbreak began with a young girl originally thought to be suffering from rabies, who then died, however "poliomyelitis" proved to be the cause of death; cases soon appeared in Toronto
 - There was much confusion and mystery about "infantile paralysis", particularly whether or not it was contagious
 - Adding to the confusion were headlines about "infantile paralysis" causing the deaths of adults

INFANTILE PARALYSIS.

TWO ADULTS IN TORONTO DIE FROM DISEASE,

Dr. Sheard Says it is Not Contaglous and No Danger of Epidemic Exists, but American Authorities Say Different.

Two adults are reported to have died in Toronto in about a week from what is known as infantile paralysis.

Mr. Santhald Kannada Adultivan

The Globe, Sept. 9, 1910, p. 9

CHILDREN ARE ATTACKED BY STRANGE EPIDEMIC

Twenty Cases of Fever and Infantile Paralysis—Once Swept Over the States.

Special to The Star.

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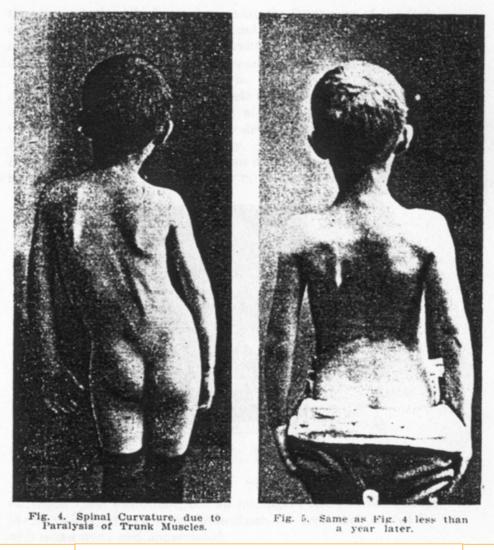
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Toronto Star, Aug. 17, 1910, p. 1

POLIO, 1910: A WATERSHED YEAR

Charles Hodgetts, Medical Advisor to the federal Commission on Conservation, investigated the 1910 polio outbreak, his survey of physicians across the country revealing 658 cases and 46 deaths; Ontario was hardest hit with 354 cases, half of which were fatal

Ont	ario		354
	bec		187
	ish Columbia		48
Albe	erta		27
Man	itoba		17
New	Brunswick		12
Sask	atchewan		6
Nov	a Scotia		6
Prin	ice Edward	Island	1
TO SERVE		service .	
	Maclean's, Nov 1912	WHAT STATE	658



Canadian Journal of Medicine & Surgery, Jan 1911, p. 9

- Summer Fall 1916 The fearsome power of polio reached a level rarely surpassed, hitting the Northeastern United States with a devastating fury; some 27,000 cases and 6,000 deaths were reported, with New York City bearing the brunt of the epidemic with 9,000 cases
- Amidst the crisis, protecting borders became a critical issue, starting with New York City imposing strict travel restrictions on all children under 16; they couldn't leave the city without official certification that they were "polio free"
- In Canada, the polio epidemic crisis in the U.S. raised concerns that something similar could develop north of the border, especially when cases began to occur in Windsor

INFANTILE PARALYSIS SPREADS IN STATES

Deaths and New Cases Decrease in New York, but Develop Elsewhere

(Special Despatch to The Globe.)
New York, July 7.—A decrease of
deaths and new cases in this city, but
a large increase in other cities and
States, was reported to-day in the epidemic of infantile paralysis.

In the five boroughs twenty-two deaths and eighty-seven new verified tases were reported by the Health Department. Simultaneously, however, the State authorities reported forty-live cases in the State of New York. Similarly, the United States Government received reports of the spreading of the plague over eight States. The "plague" belt now extends as far east as Boston, as far west as Chicago, and as far south as Baltimore.

"The apparent decrease in this city as shown by to-day's figures means practically nothing," asserted Health Commissioner Haven Emerson to-night. "You must remember that there has been a great exodus of parents and children from the city. This is going to be a long, hard light."

The total deaths have now reached 187 for the greater city out of approximately 787 cases.

Allowing for a run of sixty days for the disease, one medical statistician estimated to-day that the total number of cases the second week in September will be 42,180.

Two drastic orders were issued by the authorities to-day.

The first resulted in the closing by the police of all playgrounds and "play streets."

The second resulted in the exclusion from all the city libraries of all children under the age of sixteen.

The Globe, July 8, 1916, p. 24

THE GLOBE, TORONTO, FRIDAY, JULY 14, 1916.

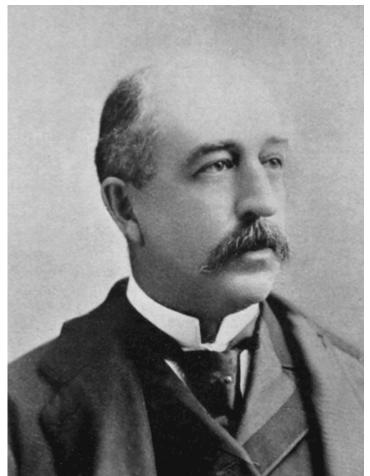
INFANTILE PARALYSIS ROUSES PROVINCE

Dr. McCullough Advises Prompt Precautionary Measures

WARNING BULLETIN ISSUED

Several Cases Reported From One Town in Ontario, While Others Are Suspected—Methods Suggested to Avoid an Epidemic.

Observing the legend that "an ounce of prevention is better than a pound of cure," Dr. J. W. S. McCullough, Provincial Chief Officer of Health, yesterday issued a warning bulletin urging citizens throughout Ontario to guard against the possibility of an outbreak in Ontario of the epidemic of infantile paralysis which is raging in some cities in the United States. Major McCullough stated that in one town in Ontario—the name of which he did not cure to disclose—several cases had been reported, while others are suspected.



Dr. Frederick Montizambert (1843-1929)

- While the federal government had yet to establish a formal Department of Health, despite persistent lobbying from public health leaders and many others, there was a Director-General of Public Health for the Dominion, Dr. Frederick Montizambert
- **1869-1899** Montizambert had served as the medical superintendent of the Grosse-Isle Quarantine Station at Quebec City before being appointed Canada's first Director-General of Public Health, which was based in the Department of Agriculture
- He remained responsible for national quarantine and was kept informed about the escalating polio epidemic in the U.S. and its potential spread into Canada
- Mid-July 1916 Based on Montizambert's advice, Minister of Agriculture amended quarantine regulations to include "Infantile Paralysis" in the list of "graver quarantinable diseases"

http://wikipedia.org

IMMIGRATION BRANCH DEPARTMENT OF INTERIOR

Ottawa 29th, July 1916.

Circular to Border Inspectors.

Owing to the unfortunate outbreak of infantile paralysis in New York City, it has been decided that until further notice no porson under sixteen years of age travelling from or through New York City or the district within a radius of forty miles thereof shall be samitive into Canada unless he or she can produce a certaincate from a Medical Health Officer or duly qualified practitioner stating that the person travelling has not in the doctor's opinion been in contact with a case of infantine paralysis.

The certificate to receive any consideration must be issued less than twenty-four hours before leaving New York City or vicinity and even those with certificates may be refused almission if they Officer examining has any doubts as to its authenviolty or reliability or as to the state of health of the party carrying same.

Transportation companies have been notified of the new regulation and consequently there are not likely to be many rejections under the same as those who would be likely to be refused admission would have difficulty in purchasing tickets. It would be advisable for you to make an immediate report to me of any rejections under this ruling: Reason for rejection may be given as Circular 29-7-16. Should any rejected desire to remain in the close vicinity of your port for a period of eight days and then apply for re-examination they may be admitted as by that time all danger of contagion will have gone by.

The above regulation does not apply to bona-fide Canadian residents who have been in New York merely on a short visit.

W.D.Scott

Spperintendent of Immigration.

- Thus, federal frontier regulations required that children under 16years-of-age had to produce a medical certificate, dated within 24 hours of departure, that they had no contact with cases of poliomyelitis
- In addition to Windsor, border crossings in Nova Scotia were of particular concern, since it appeared that there were many families "fleeing the scourge" in the northeastern U.S. and hoping to seek refuge in Nova Scotia; there was a similar concern in Kingston about Americans trying to cross the St. Lawrence River to escape polio outbreaks in northern New York
- Aug-Sept 1916 Ultimately the Canadian border restrictions were expanded to control the entry of anyone entering the country from or through New York, Pennsylvania, Connecticut, Rhode Island, New Jersey, Vermont and Massachusetts

- Late-Oct. 1916 As the U.S. polio epidemic seemed to be easing and New York City lifted its travel restrictions, an alarming polio outbreak began in Montreal, preventing Montizanbert from relaxing Canadian border restrictions
- Of further concern was the imposition by the Ontario government of a requirement of medical certificates for anyone under 16-years—of-age planning to travel from Quebec into Ontario, testifying to good health and having had no exposure to polio
- Nov. 30, 1916 All Canadian border restrictions were lifted

GUARDING ONTARIO AGAINST PARALYSIS

Children Cannot Leave Quebec Without Permit

NOTICE TO RAILWAYS

Department of Realth Takes Precautionary Measures to Avoid the Spreading of Disease — Death in Toronto.

To counteract the spread of infantile paralysis, more particularly in consequence of the outbreaks in Westmount and Montreal, the Ontario Board of Health has taken steps to prevent persons under sixteen years of age entering the Province from Quebec unless possessed of a medical certificate, dated within twenty-four hours of departure, that they are in good health and have not been exposed to the disease.

Dr. J. W. S. McCullough, Chief Officer of Health, yesterday sent the following telegram to all general transportation agents of the Canadian Pacific, Grand Trunk, Grand Trunk Pacific and Canadian Northern Railways, advising them of the new regulations being put in force against Quebec Province:

The Globe, Oct. 28, 1916, p. 5

EMBER 28, 1917.

MOUNTING PUBLIC HEALTH CHALLENGES

- While Canada avoided experiencing polio on the scale seen in the U.S. during 1916, its threat, the public health and international issues it raised, added to the growing calls for establishing a federal department of health
- During the last half of World War I, those calls were amplified significantly by two quite distinct and powerful public health crises
- 1915-16 An estimated 28.5% of Canadian troops were infected by venereal diseases and some 13% of public ward patients in Toronto General Hospital had syphilis
- 1917 Such statistics prompted a group of Toronto physicians to join a
 meeting of the federal government's "Commission on Conservation" –
 set up to focus attention on protecting the nation's natural resources to
 plead for efficient federal action, not unlike taken in the military, to stem
 the growing venereal disease threat

ALARMING EFFECTS OF DREAD SCOURGE

Capt. Gordon Bates' Outspoken Paper on Venereal Diseases

RESULTS OF AN INQUIRY

Immediate Steps Urged to Check Spread—Address to Health Association.

(Canadian Press Desputch.)

Ottawa, Sept. 27.—A remarkable paper on venereal diseases was read at the annual meeting of the Canadian Public Health Association this morning by Captain Gordon Bates, C.A. M.C. The paper was prepared in collaboration with Captain Morris Mc-Phedran, C.A.M.C., and Captain Donald Fraser, C.A.M.C.

Dr. Bates contrasted the efficiency with which this menace is dealt with in the army, and the comparative indifference of the civic authorities. The necessity for efficiency in the army led to the adoption of radical measures, such as periodical inspection and quarantining, from which it has been possible to obtain statistics impossible in civil practice.

The Globe, Sept. 28, 1917, p. 4

MOUNTING PUBLIC HEALTH CHALLENGES

- **1918** The Ontario government had taken the lead on the issue by passing a Venereal Diseases Act, which facilitated professional medical treatment through provincially-funded hospitals
- However, a broader and nationally-focused effort was needed by the federal government through a long-sought-for Dominion department of health
- Meanwhile, an Advisory Committee on Venereal Diseases was set up, which involved physicians, the National Council of Women and the YMCA and YWCA, which undertook a "nation-wide campaign against vice" during 1918

Fall 1918 - Their efforts were disrupted by another, much larger and more urgent national public health challenge...

TARIO DECLARES WAR ON VENEREAL DISEASES

Legislation to Restrict Evil Consequences of Deadly Disorders Will be Passed by Ontario Government During Next Few Weeks

of venereal diseases and restrict the evil consequences of such disorders will be passed by the Ontario Gevernment at the approaching ression of the Legislature, which meets on February 5th next.

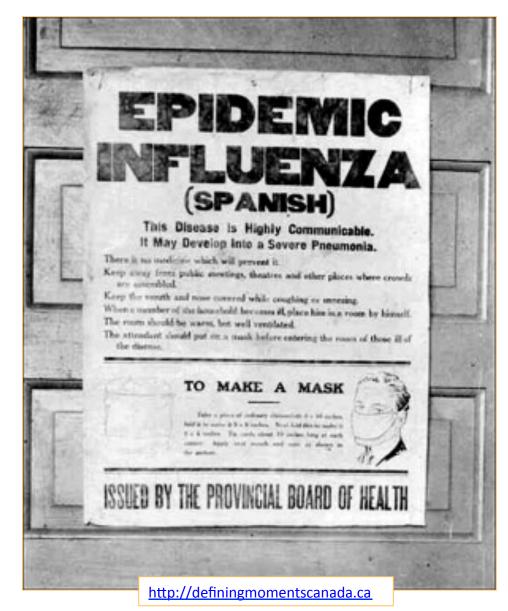
While the Government has not yet vincial Government.

Legislation to prevent the spread proceed with a study and investigation of the problem of the feebleminded and the question of venereal diseases. The feeling was that these problems are intimately related to each other. A large percentage of cases of venereal diseases can undoubtedly be traced, it is believed. to the habitually immoral, and many of this class are considered to be mentally defective. On the other definitely decided upon the terms of hand, it is believed that many cases the proposed legislation, The Globe of insanity and feeble-mindedness is informed that the measure will be are the result of venereal diseases. based upon the report of Hon. Mr. Justice Hodgins was commissioned Justice Hodgins, who, in November under the Public Inquiries Act to last, was commissioned to undertake consider and inquire into the existthe important work of investigating ing methods of dealing with imbethe problem on behalf of the Pro- cile, feeble-minded and mentally-defeetive persons in the Province, with Justice Hodgins has just complet- power to suggest amendments to exed an exhaustive investigation into isting legislation or other measures the study and practice of medicine, which will, in his opinion, improve vernment asked him to present conditions.

The Globe, Jan. 11, 1918, p. 1

MOUNTING PUBLIC HEALTH CHALLENGES

- 1918-19 The great "Spanish Flu" pandemic had little to do with Spain, but it was where news of it was first reported
- As there have been many initiatives to commemorate the 100th anniversary of the great influenza pandemic, we have been reminded of its impact in Canada and globally
- By the time the pandemic eased, some 1/6 of the Canadian population affected, especially young adults with no immunity to the novel swine flu strain, with 50,000 deaths accelerated by complications such as pneumonia
- Globally, there were some 50 million deaths linked to influenza



MOUNTING PUBLIC HEALTH CHALLENGES

- The end of World War I, coupled with the high-profile public health threats of venereal disease and the influenza pandemic, brought intense pressure on the federal government to finally establish a nationally focused department of health
- **Feb. 3, 1919** A national conference was held, initially focused on creating a national venereal disease program, but which set in motion a political process that led to the drafting of legislation creating the federal department of health
- **Feb. 20, 1919** In its Throne Speech, the federal government formally committed to creating the new department
- April 1919 Federal health bill was first presented in the House of Commons, its
 main elements included "the conservation of child life and child welfare," the
 medical inspection and care of immigrants, the supervision of all methods of
 transportation and the "collection, publication and distribution of information to
 promote good health, and improved sanitation."

HEALTH BOARD

Its Immediate Establishment
Favored by Conference on
Social Hygiene

AMEND CRIMINAL CODE

Vigorous Measures Advocated for Control of Venereal Diseases

(Canadian Press Despatch.)

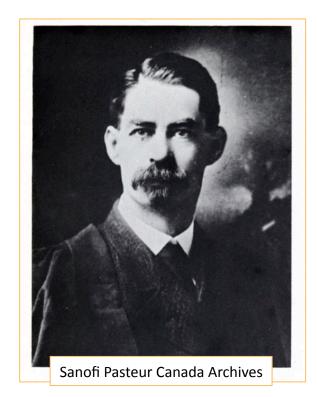
Ottawa, Feb. 3.-The first steps toward the organization of a social hygiene program for Canada were taken to-day, when representatives of a number of the Provinces met here at the call of the Acting Premier, Sir Thomas White, to discuss legislation for the control of venereal diseases. The Conference was brought together at the suggestion of the military authorities, and each Province was invited to Chief Health Officer. While some of these were unable to be in attendance, those Provinces which could not send representatives sent telegrams of sympathy with the objects of the Conference.

Widely Representative

The Globe, Feb. 4, 1919, p. 14

FINALLY, A FEDERAL DEPARTMENT OF HEALTH

 May 1919 – The Dominion Department of Health was officially established, bringing together health services from a number of federal departments: Medical Services (from Immigration & Colonization); Food & Drug Laboratory (Trade & Commerce); Marine Hospital Service (Marine & Fisheries); Proprietary & Patent Medicines (Inland Revenue); there was also a Division of Statistics, and a Division of Venereal Disease



- Newton W. Rowell was the first Minister of Health (1919-20)
- Dr. John A. Amyot (left), Professor of Hygiene at the University of Toronto, served as the first Deputy Minister of Health until 1933
- He had been Director of the Ontario Provincial Laboratory (1900-1919)

FEDERAL HEALTH DEPT. SANCTIONED

Senate Committee to Report on Improving Administration

(Canadian Press Despatch)

Ottawa, May 6..—Authority for the creation of a Dominion Department of Public Health has been given Parliamentary sanction and now requires only the assent of the Governor-General to become law. The measure to-day was given third reading in the Senate, having previously passed the Commons.

To Improve Administration.

The improvement of Canadian Government administration will be considered by a committee of the Senate, with a view to making suggestions for the improvement of the existing system. The proposal was put forward some days ago by Senator McLennan, and to-dny he secured the appointment of a special committee "to consider and report on the possibility of bettering the machinery of Government." Those named to the committee were: Senators McLennan, Beique, Dandurand, F

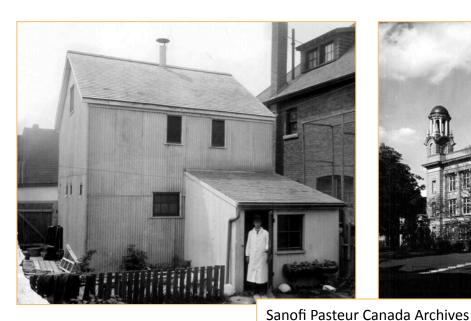
FINALLY, A FEDERAL DEPARTMENT OF HEALTH

- 1920 A key component of the new federal department of health was the Dominion Council of Health, established as its advisory body
- It met twice per year and was made up of provincial deputy ministers of health, the federal deputy minister, and appointed members representing labour, women's groups, social service agencies and universities, including Dr. John FitzGerald of the University of Toronto (rear row, 3rd from right)
- FitzGerald served as Director of the university's unique Connaught Antitoxin Laboratories

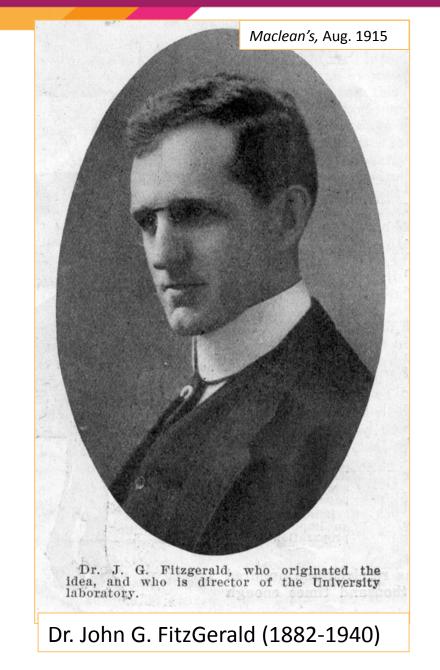


CREATING CONNAUGHT LABORATORIES

1914 – Connaught was originally established as the Antitoxin
 Laboratory in the Department Hygiene, a self-supporting and public
 service part of the University of Toronto, committed to preparing
 essential biological health products – antitoxins and vaccines –
 supplying them at cost to provincial health departments for free
 distribution, and investing any proceeds into facilities improvement,
 research, and public health education

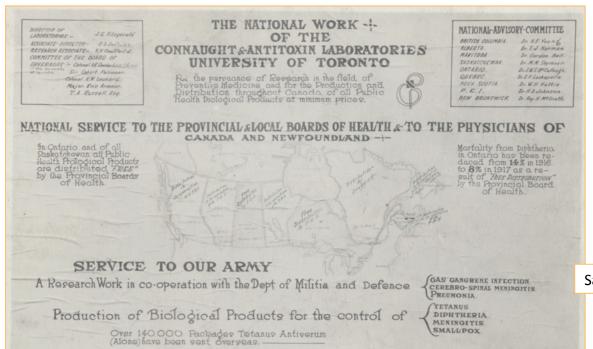


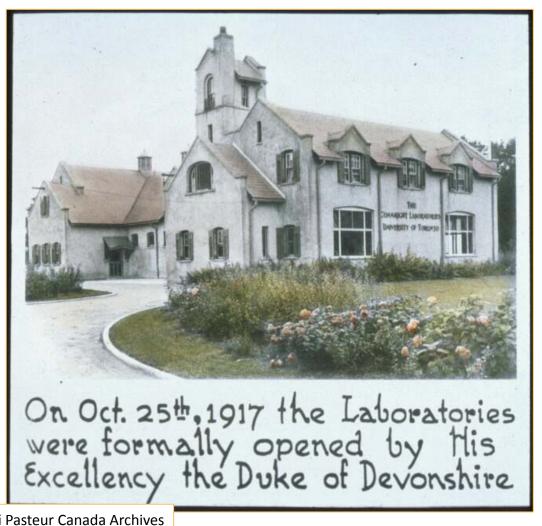




CREATING CONNAUGHT LABORATORIES

1917 – Prompted by urgent demands for tetanus antitoxin during World War I from the Canadian and British military, the Labs expanded to include a farm site and new facilities provided by Albert E. Gooderham, who also gave the name "Connaught Antitoxin Laboratories" after the Duke of Connaught, Canada's Governor General from 1911 to 1916





Sanofi Pasteur Canada Archives

CREATING CONNAUGHT LABORATORIES

- 1919-20 By the time the Dominion
 Department of Health was established,
 Connaught was providing vital public health
 products to every province, as well as to
 other parts of the British Empire
- 1921-27 The Labs would also play an essential role in the development and production of insulin, as well as pioneered the development and production of diphtheria toxoid, enabling Canada to lead the world in bringing diphtheria under control
- Beginning in the late 1920s, Connaught would play an increasingly vital role in tackling polio's growing public health threat



- 1927-28 While diphtheria was coming under control in Canada, a new wave of polio outbreaks became more provincial in scale and grew in severity over the next decade as each province, almost in turn from west to east, was struck
- **1927** British Columbia (182 cases and 37 deaths)
- **1927** Alberta (313 cases and 65 deaths)
- During this period, the Dominion Council of Health played an important role, providing a very useful national forum for provincial health departments to share practical information about this enigmatic disease

Canadian Public Health Journal

VOL. XX

May, 1929

No. 5

Some Findings in the Epidemic of Poliomyelitis in Alberta, 1927

R. B. JENKINS, M.D.

Provincial Inspector of Health, Alberta

DURING the year 1927 an epidemic of poliomyelitis occurred in Alberta. Considerable information was gathered which it is believed will be of interest to the profession. For some years prior to 1927 there had been sporadic cases in one part of the Edmonton district. In order to get fairly complete information of the situation a questionnaire was prepared, asking, among other things, for the following data concerning the patient: name, age, sex, date and nature of first symptoms, date of onset of paralysis, source of water supply, source of milk supply, presence of other illness in the family, nature of such illness, the number of cases of poliomyelitis in the family, whether there were cases amongst school-mates or friends, whether or not the patient had been away from home during the previous month, names and addresses of recent visitors at patient's home, names of employees in household. This questionnaire was used in collecting data when, in the 1927 epidemic, some two hundred copies were returned.

In all there were 354 cases reported during the year, 101 of these occurring in Edmonton and the greater part of the remainder in the district surrounding Edmonton, a district with a radius of about 100 miles, which is, in most part, tributary to that city. Fifty-three deaths occurred.

- While managing the acute crisis of a polio epidemic echoed that of the great Spanish Flu pandemic, with similar public health helplessness, the unique personal, economic and political challenges of paralytic polio continued long after the epidemic emergency passed
- To varying degrees, provincial governments implemented specific polio hospitalization and treatment policies
- 1928 After the 1927 epidemic, the Alberta Department of Health established a "Provincial Special Hospital" in Edmonton, where specialized orthopedic treatment was provided at cost

ALBERTA

PUBLIC HEALTH BULLETIN



Issued By The

PROVINCIAL DEPARTMENT OF PUBLIC HEALTH Malcolm R. Bow, B.A., M.D., C.M., D.P.H., Deputy Minister

By Direction of HON. GEORGE HOADLEY, MINISTER OF HEALTH

EDMONTON, ALBERTA, OCTOBER, 1927

AFTER TREATMENT OF POLIOMYELITIS

The problem of the treatment of cases of infantile paralysis, after the acute symptoms have subsided, presents two or three important points. These, if kept in mind, will have a great effect on the final outcome of the case. The problem is essentially one of salvage and reconstruction to restore the greatest amount of function and so diminish the ultimate disability of the patient. Wrong methods of treatment have been shown, by the experiences of epidemics elsewhere, to increase rather than diminish the disability of the patient.

There are two important facts in connection with the course of the disease. One is that the presence of any tenderness in the affected parts shows that the lesion in the cord is still active, and that any treatment other than absolute rest is contra-indicated. The other is that all cases show spontaneous improvement beginning in a few weeks and lasting over a period of two years. The amount of improvement varies with each case, but is always greater in those cases which receive proper treatment than in those which do not.

The main points in the treatment at this early stage are rest, the prevention deformity, and the guarding against fatigue.

- 1928 Marching eastward, polio next struck Manitoba, leaving 434 cases and 37 deaths, mostly in the Winnipeg area
- The primary focus of public health attention was on studying the early use of "convalescent serum" as a means to minimize, or perhaps prevent, the onset and severity of paralysis
- The serum was prepared from blood donated from people who had "convalesced" from polio and were thought to have immunity to the poliovirus
- However, the lack of a clear diagnostic test prior to the onset of muscle weakness or paralysis, and patients often recovering with no treatment, made scientifically assessing the serum very difficult

Canadian Public Health Journal, May 1929, p. 225

Résumé of the Report on the Poliomyelitis Epidemic in Manitoba, 1928

THIS report was prepared by the Medical Research Committee of the University of Manitoba, with appendices on the Method of Control Employed by Dr. A. J. Douglas, Medical Officer of Health of Winnipeg, and Dr. T. A. Pincock, Deputy Minister, Department of Health and Public Welfare of the Province. It has been published for the Department of Health and Public Welfare by the Great-West Life Assurance Company.

Full of information obtained directly from the experience of this epidemic, the report is of probably the greatest significance in that section dealing with the use of convalescent serum, which is reproduced in full on pages 235 to 240. The other sections,—on organization; on the preparation of convalescent serum; on the epidemiology of the disease as shown in Manitoba, the extent in time and place, the age groups involved, the multiple of cases in families, the apparent incubation period; the symptoms and physical signs as found on careful examination; and the control methods employed—all these add much to our knowledge. The main features are shown in the extracts which comprise this review, chosen freely from the various sections.

The Chairman of the Committee was C. R. Gilmour, M. D., and the Secretary, A. T. Cameron, D.Sc.

- 1929 Epidemic polio next struck in Ontario, with 558 cases and 26 deaths, focused mostly in the Ottawa area and the eastern part of the province
- The Ontario Department of Health followed the prevailing public health approach during polio outbreaks, with a reliance on providing convalescent serum for free to all reported cases;
 Connaught Laboratories prepared the serum
- 1930 Polio struck Ontario again and more severely, especially in the Toronto area, with 671 cases and 71 deaths reported

CANADIAN PUBLIC HEALTH JOURNAL

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February 1930

No. 2

Report of an Epidemic of Poliomyelitis in Ottawa, 1929

DR. T. A. LOMER,

Medical Officer of Health, Ottawa

AND

DR. W. T. SHIRREFF,

Superintendent of Strathcona Hospital

ON account of the prevalence of poliomyelitis in Manitoba in 1928, it was considered probable by the Ontario Department of Health that the Province of Ontario might be visited by the disease in 1929, and local health authorities were warned to be on the lookout for cases and to prepare lists of possible donors of convalescent serum.

Incidence

The first case of poliomyelitis reported in Ottawa was on July 28th,

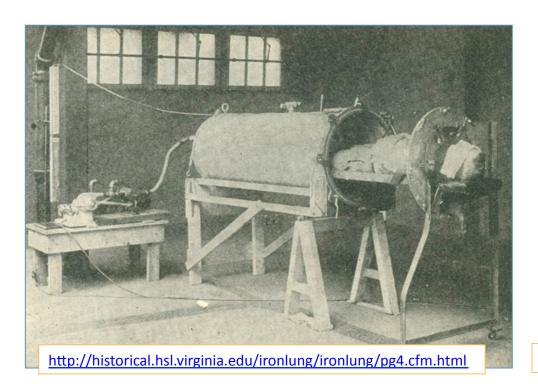
TABLE I
POLIOMYELITIS—OTTAWA, 1929
CASES BY WEEKS

Week Ending	Number	Per cent
August 3	4	2.3
August 10	7	4.0
17	1	. 6
24	16	9.1
31	14	7.9
September 7	25	14.2
14	24	13.6
21	23	13.1
28	23	13.1
October 5	18	10.2
12	11	6.2
19	7	4.0
26	2	1.1
	ī	.6
Total	176	100.0

although subsequent investigation showed that there had been at least two cases in the vicinity during the previous week.

53

- Also alarming were tragic stories of deaths due to polio, such as a 3-year-old girl dying of polio 10 minutes after arriving at the Hospital for Sick Children, most likely of lung paralysis
- The hospital would get an iron lung in 1930 (the first in the country), but there was no time for this little girl to get to it
- 1928 The first "iron lung" for polio treatment developed at Harvard University; essentially a metal tank into which all but the head of the patient was sealed.
- A motor, or hand crank, operated a set of bellows and the negative and positive pressure inside the iron lung forced the patient's lungs to expand and contract to enable breathing



PARALYSIS VICTIM



Aged 3½ years, of 53 Broadview Avenue, who died ten minutes after she was admitted to the Hospital for Sick Children yesterday afternoon from infantile paralysis.

ACUTE PARALYSIS TAKES BABY'S LIFE WITHIN FEW HOURS

Little Grace Hancock Dies 10 Minutes After Entering Hospital

NO INQUEST TO BE HELD

Ten minutes from the time she was taken into the Hospital for Sick Children at 4.40 yesterday afternoon, Grace

The Globe, Oct. 11, 1930, p. 13

- **1931** Polio's relentless march across Canada from west to east continued, hitting Quebec next, resulting in 1,105 cases, 744 of which and 74 deaths occurring in the Montreal area
- 1932 Quebec City hardest hit in the province, with 784 cases and 105 deaths
- The Quebec Bureau of Health followed Ontario's approach, relying on convalescent serum and evaluating its effects in each case
- Despite fears in the Maritimes, this wave of polio epidemics finally ended in 1932 in Quebec, although the eastern provinces would not remain immune for long...

EPIDEMIOLOGY AND VITAL STATISTICS

A. L. McKay, B.A., M.D., D.P.H., and F. W. Jackson, M.D., D.P.H.

The Present Outbreak of Poliomyelitis in Quebec

A. R. FOLEY, M.D., DR. P.H.

Epidemiologist of the Provincial Bureau of Health, Quebec

Spread of the Disease

For the second consecutive year, acute anterior poliomyelitis appears in the epidemic form in the province of Quebec. Since 1926, the western provinces were one after the other paid a visit by the dreaded disease. In 1930 a few cases were scattered through Quebec and, in 1931, the wave swept over the city and the district of Montreal: nearly half the population of the province was thus closely exposed to the attack of the disease and some eleven hundred cases occurred.

It was to be expected that the eastern part of the province would not be spared this year. In July, the Director of the Provincial Bureau of Health issued a circular letter, advising the medical profession to be on the look out for cases of poliomyelitis and offering for each case the "convalescent" serum free of charge. Some days later, the first cases were diagnosed and to date—October 8th—540 cases have been reported to the Division of Epidemiology.

Date of Onset

It is interesting to compare the distribution of cases, by week of onset of the disease, in 1931 and in 1932. Of course, the eleven hundred cases for 1931 are distributed over the period of July to December and occurred in a dense population, while the 1932 cases are crowded within a period of three months and the disease affects a larger area but a lesser population. The peak of the epidemic—mode of the curve—has been reached three weeks earlier this year—

that is, in the week ending August 17th—with 98 cases, against the week ending October 3rd, 1931, with 148 cases.

It must also be borne in mind that figure II has been drawn from preliminary reports and that they may have to be slightly altered. This is specially true for the last bar, in figure II, representing the number of cases for the week ending October 8th. When reports yet to come are included, this last week is expected to show a higher number of cases. If we may depend on last year's progress of the epidemic, a material decrease in the weekly number of cases will soon be observed, though we know that the disease will still be with us late in the autumn.

Geographical Distribution

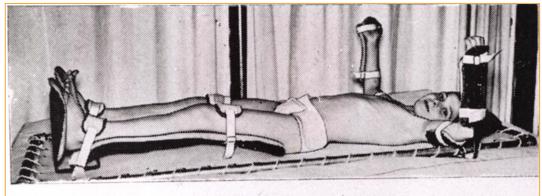
Since the beginning of the month of July, 540 cases have been reported in the whole province. Of these, 240 cases occurred in the urban and 300 in the rural population. Out of the 240 cases in the urban population, 201 occurred in the city of Quebec. The focus of the epidemic this year has been the city of Quebec, though small communities, such as L'Ancienne Lorette and Saint-Charles-de-Bellechasse, have a higher attack-rate.

It is to be noticed from figure III that the peak of the epidemic also occurred three weeks earlier in the city of Quebec than in the whole province. The population of the city of Quebec being nearly 140,000, the attack-rate has been—with the number of known cases—143 per 100,000 inhabitants; or, should we consider

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Canadian Public Health Journal, Oct. 1932, p. 494

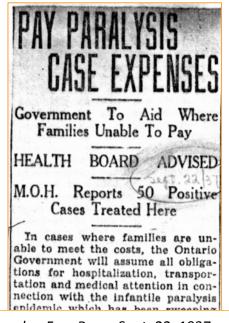
- **1937** While vaccines to prevent diphtheria and pertussis were now available, prospects for a polio vaccine seemed a long way off as polio incidence reached an alarming new peak, especially in Ontario:
- 2,546 cases (750 in Toronto)
- 119 deaths (31 in Toronto)
- Ontario Department of Health in crisis mode
- Convalescent serum & standardized splints provided to all cases
- Managing the crippling effects of polio was a major challenge; strict immobility was the standard of medicine for polio after-care until the early 1940s



The Provincial Department of Health supplied all Poliomyelitis patients suffering from paralysis with splints and frames designed and built in our workshop.

Hospital for Sick Children Archives

- The severity of the 1937 polio epidemic prompted the Ontario government to establish a distinctive program to cover the costs of specialized polio treatment and hospitalization
- Similar polio treatment policies began in other provinces in the late 1930s, particularly in Saskatchewan and Alberta, the latter government passing the "Poliomyelitis Sufferers Act" in 1938





THE HORIZON



VOL. 2 NO. 7

CHRISTMAS, 1937

PRICE 10 CENTS

 Most alarming during the 1937 Ontario epidemic was sharply higher incidence of life-threatening "bulbar" polio cases affecting breathing and swallowing muscles

The crisis prompted the Ontario Department of Health to facilitate the emergency assembly of 27 "iron lungs" in the basement of the Hospital for Sick Children in Toronto





- The toll of polio epidemics continued into the war years, most seriously in 1941:
- Manitoba 969 cases
- New Brunswick 419 cases

- During the war years, however, there seemed little hope of a polio vaccine being available anytime soon, despite considerable research funding provided by the National Foundation for Infantile Paralysis through its annual "March of Dimes" campaigns
- 1938 As U.S. President, Franklin D. Roosevelt founded the National Foundation for Infantile Paralysis, which was galvanized by his personal experience with polio
- **1921** Franklin D. Roosevelt stricken with polio when he was a Senator
- NFIP also provided direct support to polio victims for their treatment



PAUL MARTIN, POLIO & THE DEPARTMENT OF NATIONAL HEALTH & WELFARE



Tith Louis St Laurent, Canada's minister of external affairs at Hyde Park, the ho Irs Eleanor Roosevelt, 3 November 1946.

- 1946-1948 The end of World War II began a period of accelerating change in public health and biotechnology in Canada, fuelled by peacetime prosperity and a progressive federal government ready to take a leadership role in upgrading Canada's health care infrastructure held back by almost two decades of economic depression and war
- Dec. 12, 1946 Paul Martin was a key leader in this effort after he became Minister of National Health and Welfare
- Aug. 1946 Martin became Minister very soon after his 8-yearold son, Paul Jr., was stricken with polio

PAUL MARTIN, POLIO & THE DEPARTMENT OF NATIONAL HEALTH & WELFARE



- 1946 There was a major resurgence of polio epidemics in Canada, and it was the worst polio year in the U.S. since 1916
- Quebec and Prince Edward Island hit with their worst ever polio epidemics; 1,612 cases and 115 deaths in Quebec (mostly in Montreal); 80 cases and 11 deaths in P.E.I
- Ontario also experienced significant polio incidence, including in Windsor, where Paul Martin's wife, Eleanor, and their 8-year-old son, Paul Jr., lived while he served in Ottawa as a MP and Secretary of State in the Liberal government of Louis St. Laurent
- Aug. 1946 Martin was at a Cabinet meeting and received urgent phone call from his wife, who "was beside herself"; "Come home, come home, our son has polio!"

PAUL MARTIN, POLIO & THE DEPARTMENT OF NATIONAL HEALTH & WELFARE



- Martin later recalled, "At that instant, I knew just how my parents must have felt when I was taken ill as a boy"
- The Prime Minister would not let Martin stay for the rest of meeting and a fellow Minister, C.D. Howe "insisted that I go immediately and promised a government plane for the trip – a scarce and carefully husbanded resource in those days"
- Martin arrived in Windsor to find his son in an isolation ward "paralyzed in the throat and unable to speak. Mercifully, the crisis passed fairly quickly and Paul began to mend, even though it took almost a year before he recovered fully"
- This experience forced Martin to consider how medical science had progressed in the 40 years since he was struck by polio
- "But, as in my youth, I knew that advanced treatment was not available to all"

PAUL MARTIN, POLIO & THE DEPARTMENT OF NATIONAL HEALTH & WELFARE

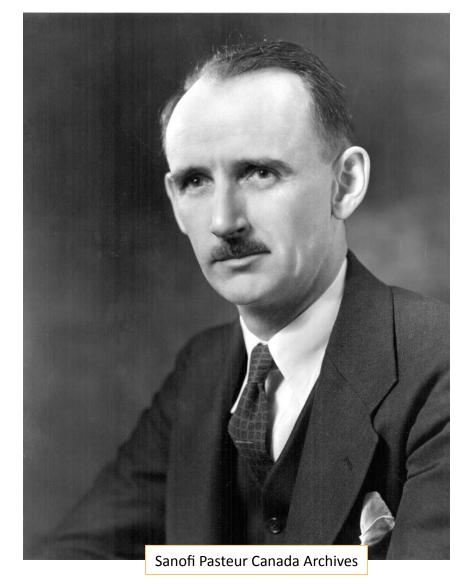


- Martin's personal and family polio experience "would dictate the goals" that he would strive for when he became Minister of National Health and Welfare
- His personal experience helped bring new energy and sense of purpose to his Department in dealing with polio and clearly acted as a catalyst towards attaining his larger goal of universal health insurance for all Canadians

Health, April-May 1955, p. 13

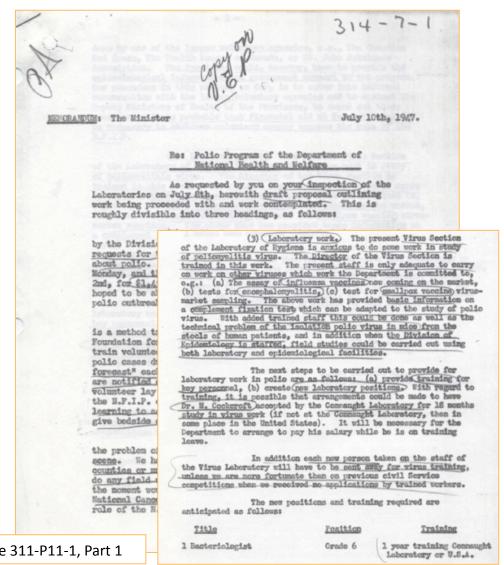
PAUL MARTIN, POLIO & THE DEPARTMENT OF NATIONAL HEALTH & WELFARE

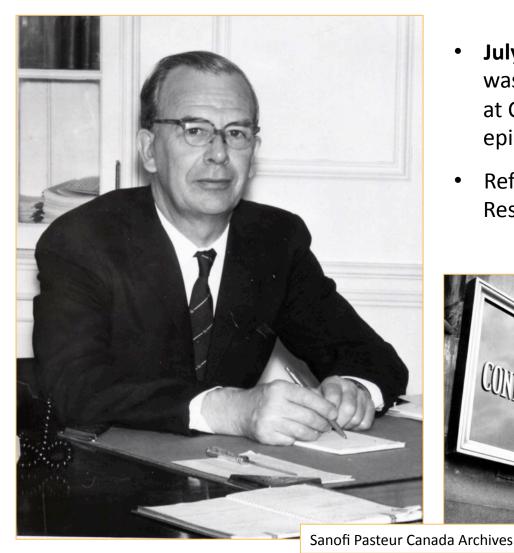
- Martin greatly assisted by Dr. George Donald West Cameron, who had recently been appointed Deputy Minister of Health as of July 24, 1946
- 1928-1939 Cameron had worked at Connaught Laboratories as resident bacteriologist
- 1939-1946 Cameron then joined the federal government, serving as Chief of the Laboratory of Hygiene and then Director of Health Services before becoming Deputy Minister of Health, a position he held until 1965
- 1946-1947 In the wake of resurgent polio incidence, Cameron focused on improving the Department's laboratory capacity to handle viruses, especially poliovirus, and to conduct epidemiological investigations



PAUL MARTIN, POLIO & THE DEPARTMENT OF NATIONAL HEALTH & WELFARE

- 1946-1947 In particular, the Laboratory of Hygiene only had 1 virologist, Dr. J.W. Fisher, who, like Cameron, had previously worked at Connaught Laboratories; Fisher was involved in Connaught's initial poliovirus studies during 1939-1942
- July 10, 1947 Cameron prepared an extensive memo for Martin assessing the Department's capacity to respond to worsening polio incidence in Canada and to recommend a stronger Polio Program, especially in its laboratories
- The key to implementing such a federal Polio Program was Connaught, which, coincidentally, was launching a considerably expanded poliovirus research program of its own





- July 1947 Dr. Andrew J. Rhodes, a leading virologist specializing in polio, was recruited from the U.K. to lead a comprehensive research program at Connaught Medical Research Laboratories to investigate the virology, epidemiology and clinical diagnosis of polio
- Reflecting a broader post-war role, the new name, "Connaught Medical Research Laboratories" was introduced in May 1946



Connaught had grown considerably during World War II, playing a major role in providing key biological health products for the Canadian and British militaries, including dried blood serum, gas gangrene antitoxin, influenza vaccine and especially penicillin

Research Grant

Ottawa Aids Doctor Study Polio Cause

By HARVEY HICKEY

Ottawa, Dec. 28 (Staff).-Federal aid is being granted a Toronto scientist whose research may have a bearing on the transmission of poliomyelitis.

The scientist is Dr. Andrew J Rhodes, research associate at the Connaught Medical Research Laboratories at Toronto and associate professor of virus intections at the University of Toronto's School of Hygiene.

Dr. Rhodes, an Englishman, who is ranked among the top experts in his field, is investigating neurotropic viruses. This is a virus which affects the nervous system and which, scientists think, may possibly have some relationship to the development of poliomyelitis.

Doctors still don't know what causes polio. Neither do they know how the neurotropic virus is transmitted. One line of inquiry is whether it travels in sewage, and if so how it is then picked up by

Globe & Mail, Dec. 29, 1948. p. 11

1947-1949 - Rhodes' research was funded by the National Foundation for Infantile Paralysis, Canadian Life Insurance Companies, and newly established Federal Public Health Research Grants

Rhodes' team focused on developing better laboratory methods for the diagnosis of polio, and conducted epidemiological investigations of the poliovirus in rivers and sewage between outbreaks.



tories for analysis.



Inspector Williams hangs fly trap to ceiling in building where the insects are numerous, as part of study.

Trap Flies, Test Sewage, Seek Sources of Polio

omyelitis is being made by the if they notice any symptoms of Dufferin County Health Unit, which pollo among their children.

is co-operating with the Hospital for The announcement that the Dut-Sick Children. The program is lerin County Health Unit would co-financially supported by the life operate in the survey was made insurance companies through a early in the season in Toronto by grant made by the health commit- Dr. Nelles Silverthorne of the hostee of the Canadian Life Insurance pital staff, under whose direction

Harry Williams, sanitary engineer, year,

the entire county. "We are placing fly traps and tak- ing the disease. ing samples of sewage at fixed spots," Mr. Williams said. "These samples are sent to Connaught Laboratories, where they are tested for presence of the polio virus. We understand that it is possible that some humans can be polio carriers, just as some are TB carriers. In case of a polio outbreak in the county, with the help of the records established we should be able to trace back and locate the source o

"We are co-operating to the fullest extent in the furtherance of

for the health unit, and Dr. F. H. It is emphasized that the county Wilson, MOH, are taking active program involves no new technique. parts in the study, which embraces but consists of straight research in

Canadian Journal of PUBLIC HEALTH

VOLUME 39

TORONTO, JUNE 1948

NUMBER 6

A National Health Program for Canada

THE HONOURABLE PAUL MARTIN

Minister of National Health and Welfare

Ottawa, Canada

1. THE NATIONAL HEALTH PROGRAM

NEW ERA has opened for public health in Canada.

Greatly accelerated progress in our fight against disease has now been made possible by the National Health Program announced a few days ago by the Prime Minister. The Federal Government is going to take immediate action to put into effect this far-reaching plan for national health.

For some weeks I had been thinking about what I would say to the Canadian Public Health Association during this annual meeting at Vancouver. I had decided to speak to you about the future perspectives of public health in this country and to survey that final stage of public health progress in which our target would be a high level of health for all Canadians. But the rapid march of events last week has thrown my remarks into the discard. For the remote objectives about which I was to speak have now become proximate and possible.

Because of the vastly increased expenditures now possible for public health services, we stand on the threshold of a further and finer stage of our public health development.

In the history of public health in Canada, last Friday, May 14th, marked a memorable occasion. For it was on that day that the Prime Minister of Canada announced the three-point program to marshal the financial resources of this nation in support of the health campaigns so vigorously being carried on by each of the Canadian Provinces.

To you who have chosen the honoured profession of public health, this program is of vital importance. But it is important, too, for every citizen of this land because its long-range objective is no less than more healthful living for all Canadians. From this time forward, no picture of the Canadian way of life will be complete without reference to this Federal action to strengthen the already extensive and effective health services that have been developed in all our

An address presented at the thirty-sixth annual meeting of the Canadian Public Health Association, held in the Hotel Vancouver, Vancouver, B.C., May 17-20, 1948.

- May 1948 Federal Public Health Research Grants were a key element in the federal government's ambitious Federal Health Grants Program, spearheaded by Martin
- The \$30 million annual Federal Health Grants program more than doubled the federal health budget from \$8,000,000 in 1947, to \$19,000,000 in 1948, to \$30,000,000 in 1949.
- The Program involved a variety of shared federal-provincial grants for general public health development, including public hospital construction, mental health, tuberculosis, venereal disease, cancer control and crippled children, in addition to public health research
- The Crippled Children's Grants helped support polio treatment, hospitalization and rehabilitation programs initiated in most provinces in the wake of major polio outbreaks

The Canadian Medical Association Journal



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OCTOBER, 194

No. 4

POLIOMYELITIS IN THE ARCTIC*

J. D. Adamson

Director, Department of Medicine, University of Manitoba; Director, Department of Medicine, Deer Lodge Hospital (Department of Veterans' Affairs)

J. P. Moody

Field Medical Officer, Eastern Arctic, Indian Health Services

A. F. W. Peart

Chief, Division of Epidemiology, Department of National Heath and Welfare

R. A. Smillie

Major, R.C.A.M.C., Command Hygiene Officer

J. C. Wilt

Assistant Pathologist, Winnipeg General Hospital

and

W. J. Wood

Regional Superintendent, Indian Health Services

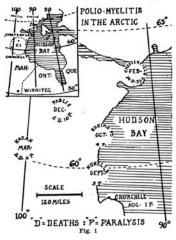
DURING the autumn of 1948 and the winter of 1949 a widespread epidemic of acute anterior poliomyelitis occurred in the Eastern Arctic of Canada. This epidemic has attracted much attention since it was at its height during the winter in an isolated district, sparsely settled by Eskimos who had previously had no poliomyelitis. Thorough investigation was undertaken by Indian Health Services in the Federal Department of Health and Welfare, to whom this report is accordingly submitted.

Two trips in ski-equipped aircraft were arranged by the Royal Canadian Air Force, the first in the first week of March and the second in the first week of May. The party received most valuable assistance from members of the white settlement at Chesterfield. Without

* This study was conducted under the direction of the Department of National Health and Welfare. their general knowledge of the Eskimo and familiarity with local conditions the important features of the epidemic could not have been discovered.

THE LOCALE

Reference to the map will show the area affected to be between 60 and 65° N, and between 90 and 100° W. Chesterfield Inlet is a thousand air miles north of Winnipeg. This is one of the most northerly epidemics of polio-



myelitis on record and among the very few known to have occurred in Eskimos. Arne Hoygaard¹ refers to an epidemic in August-November, 1925, at Angmagssalik, East Greenland (65° N.) which caused 27 deaths among 800 Eskimos. He also refers to a report of an epidemic in West Greenland by A. Bertelson² in 1935.

It will be seen that the epidemic occurred during the coldest part of an unusually cold

- 1949 A polio outbreak of special concern to Dr. Rhodes and to the Department of National Health & Welfare struck during the winter of 1948-1949 in the Arctic region to the west of Hudson Bay, centred in the Chesterfield Inlet outpost; the Inuit population was severely affected
- By the end of March there had been some 60 polio cases, mostly adults, in an Inuit population of about 275 in the area, with 38 having definite paralysis and 13 died from respiratory complications
- Dr. Joseph P. Moody, Medical Officer of Health for the Eastern Arctic, took the unprecedented step of ordering the quarantine of 100,000 square kilometers, strictly restricting the movement of the area's mostly Inuit population, estimated to be 600; the quarantine lasted 9 months
- The Department's newly expanded Division of Epidemiology sent its Chief, Dr. A.F.W. Peart, along with several others, to investigate this highly unusual polio epidemic and collect specimens; very little about it fit what was known about polio at the time and lab confirmation was critical

An Outbreak of Poliomyelitis in Canadian Eskimos in Wintertime

LABORATORY INVESTIGATIONS*

A. J. RHODES, M.D., F.R.C.P., Ed.¹ EINA M. CLARK, B.Sc., M.A.¹ ALICE GOODFELLOW, B.A., M.D.² AND W. L. DONOHUE, M.A., M.D.²

TECHNICAL METHODS

SEVERAL pathological specimens were obtained from Eskimos involved in an epidemic of poliomyelitis at Chesterfield Inlet which has been described elsewhere. The specimens were shipped by aeroplane in the frozen state, and were received in good condition; they were stored in the carbon dioxide ice chest until the time of examination. Some nervous tissue was also received in glycerol, and this was stored in the cold room.

It was decided to examine sufficient specimens by monkey inoculation to confirm the clinical diagnosis of poliomyelitis beyond reasonable doubt. Accordingly, the following 7 samples were selected as most suitable: preparations of brain and cord from 2 cases; stools from 3 cases; and throat washings from 2 cases.

Nervous tissue was prepared for inoculation by grinding in a mortar to constitute a 20 per cent suspension in broth. Penicillin (1,000 units per ml) and streptomycin (5 mg. per ml) were added, and the inoculations performed in rhesus monkeys by the cerebral route; the suspension was allowed to stand at room temperature for about 30 minutes before inoculation, to allow the anti-biotics to act.

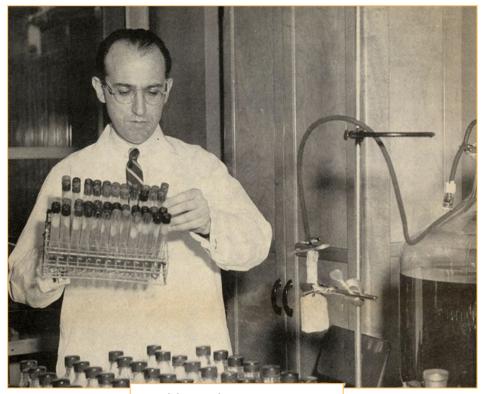
Bacteria-free extracts of 2 of the stool samples were prepared by shaking repeatedly with ether, without concentration of the contained virus. In the third case, virus in an aqueous suspension of stool was concentrated in the ultracentrifuge at approximately 39,000 r.p.m. Inoculations were made cerebrally and peritoneally in rhesus monkeys.

The throat washings were treated with penicillin and streptomycin without concentration of the virus, and inoculated cerebrally and peritoneally.

Monkeys were examined daily, and were killed when paralysis developed. Monkeys that did not develop paralysis were killed 4 weeks after inoculation. All animals were examined histologically.

- *Aided by a grant from the Department of National Health and Welfare, Ottawa.
- ¹Connaught Medical Research Laboratories, University of Toronto.
- ²Department of Pathology, Hospital for Sick Children, Toronto.

- The Department of National Health & Welfare's lab proved unable to expedite laboratory tests and thus turned to Rhodes at Connaught
- The unusual nature of this Arctic polio epidemic provided an important opportunity to learn much about polio's hitherto mysterious epidemiology and immunology
- It became clear to Rhodes that polio epidemics had very little to do with geography or a summer "polio season."
- Indeed, the Arctic polio experience underscored "that poliomyelitis antibody is universally present in human communities, and that by inference poliomyelitis virus is likewise widely distributed."
- But this distribution had significant demographic and geographic gaps in countries with the most advanced public health infrastructures, in which polio epidemics were generated
- Rhodes' Arctic polio studies, funded by Federal Public Health Research Grants, were significant to accelerating progress toward a polio vaccine



Health, April-May 1954, p. 10

- 1949 Among the key advances made, a research team in Boston discovered a way to grow poliovirus in test tubes using non-nervous tissues; this discovery earned a Nobel Prize
- **1951** Researchers at Johns Hopkins University confirmed that there were three immunologically distinct types of poliovirus
- 1951 Dr. Jonas Salk, of the University of Pittsburgh, developed a
 precise method for reliably inactivating or killing the poliovirus with
 formaldehyde while retaining the virus' ability to stimulate an
 immune response; such an inactivated polio vaccine proved
 encouraging in laboratory monkeys
- However, a key new element was needed that would make it safe for Salk to proceed with human tests of the vaccine

December 14, 1949

Proceedings

of the

Society

Experimental Biology and Medicine

Vol. 73 JANUARY, 1950 No. 1 SECTION MEETINGS CLEVELAND November 11 and 14, 1949 Western Reserve University DISTRICT OF COLUMBIA December 1, 1949 George Washington University December 22, 1949 University of Minnesota

Nutrition of Animal Cells in Tissue Culture. I. Initial Studies on a Synthetic Medium.*† (17557)

JOSEPH F. MORGAN, HELEN J. MORTON, AND RAYMOND C. PARKER. From the Connaught Medical Research Laboratories, University of Toronto.

media that have been employed for the known ingredients. Thus, Vogelaar and propagation of animal cells in tissue cul- Erlichman(1), Baker(2), and Baker and ture have been derived, directly or in- Ebeling (3), have reported feeding solutions directly, from the organism and have con- for fibroblasts, epithelial cells and blood sisted of blood plasma, blood serum, body macrophages. These media consisted in part exudates and extracts of various tissues and of chemically-defined substances, but the adorgans. But the complexity and varia- dition of serum or other natural substrates bility of these natural substrates has made was necessary for cell multiplication and surit almost impossible to employ them in vival. Fischer and his associates(4) employed experiments designed to determine the substances that are actually utilized by the cells extract as a base and devised supplementary for survival and multiplication. From time solutions consisting of compounds of known to time, attempts have been made to devise

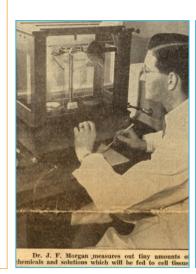
New York Academy of Medicine

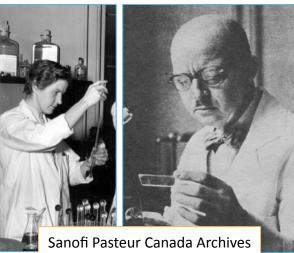
- * This investigation was supported, in part, by grants from the National Cancer Institute of Canada, and the Ontario Cancer Treatment and Research Foundation.
- † Grateful acknowledgment is made to Mrs. assistance

Over the past 30 years, the nutritive nutritive media comprised of chemicallydialyzed plasma and dialyzed chick embryo

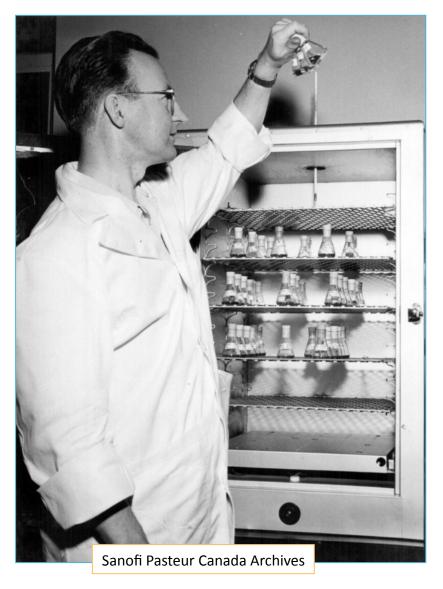
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- 1949 Meanwhile, a Connaught research team of Dr. Joseph F. Morgan, Helen Morton and Dr. Raymond C. Parker, developed "Medium 199," the first chemically defined tissue culture medium, originally for nutritional studies of cancer cells
- Traditional nutrient media included animal-based ingredients that could not be precisely quantified, and thus could not be used in a human vaccine
- "Medium 199" was a precise blend of 60 ingredients that efficiently promoted continuous cell multiplication in the absence of any blood serum or embryonic extracts





	Mg per 1000 m
l-Arginine	70.0
l-Histidine	20.0
l-Lysine	70.0
l-Tyrosine	40.0
dl-Tryptophane	20.0
dl-Phenylalanine	50.0
l-Cystine	20.0
dl-Methionine	30.0
dl-Serine	50.0
dl-Threonine	60.0
dl-Leucine	120.0
dl-Isoleucine	40.0
dl-Valine	50.0
dl-Glutamic acid	150.0
dl-Aspartic acid	60.0
dl-Alanine	50.0



- June 1951 Dr. Arthur E. Franklin (left), who had recently joined Rhodes' polio research group, focused on cultivating the poliovirus in various tissues using the traditional nutrient media, but with limited success
- Nov 1951 After trying to modify the medium, Franklin happened to meet at a Connaught seminar, Dr. Joseph Morgan, the biochemist behind "Medium 199" and Morgan suggested Franklin try it for cultivating the poliovirus in tissue cultures
- It was quickly apparent that Medium 199 solved, quite spectacularly, most of the problems Franklin was having with cultivating the poliovirus, vastly improving the yields and purity of poliovirus cultures
- When Rhodes' learned of Franklin's remarkable results with 199, he jumped up on a chair and cheered
- When Salk heard about "199" he used it prepare his inactivated polio vaccine for its first human trails, the results proving very encouraging

- Salk's trials relied on small scale production of the vaccine, leaving the next major challenge of how to prepare it on a large enough scale for a definitive field trial
- **1952** Recognizing Connaught's experience with biologicals production technologies, the National Foundation for Infantile Paralysis funded a pilot project to investigate cultivating poliovirus in large quantities
- Key to this effort was Dr. Leone N. Farrell, who had considerable experience with the large-scale production of vaccines using a deep culture method of "rocking" cell cultivation known as the "Toronto Method"
- 1953 Farrell adapted the "Toronto Method" to the production of poliovirus fluids using Medium 199 to cultivate the virus in monkey kidney cells in large bottles that were incubated on custom-built rocking machines



- July 1953 Encouraged by Salk's and Connaught's progress, the NFIP asked the Labs to provide all of the poliovirus fluids, some 3,000 litres, required for an unprecedented, triple-blind, placebocontrolled field trial of Salk's inactivated polio vaccine that would involve some 1,800,000 children (grades 2-3) across the U.S. and begin in the spring of 1954
- The NFIP's commitment to a large field trial followed the highest polio incidence levels yet experienced in the U.S., with 57,879 cases reported in 1952 and 3,145 deaths.
- The situation was clearly urgent in the U.S., as it was in Canada
- In early July 1953, it was clear that high polio incidence was likely in many parts of Canada after significant incidence was experienced in 1952



POLIO, 1953: SUMMER OF FEAR

Canadian Journal of Public Health, Aug. 1954, p. 337

Poliomyelitis in the Yukon

J. D. ADAMSON, M.D., MALCOLM R. BOW, M.D. AND E. H. LOSSING, M.D.

THE YUKON is a sparsely settled Territory in the north-west extremity of Canada. It extends into the Arctic, lying between 60° and 40°N. longitude and between 130 and 140°W. latitude (see map). To the north is the Arctic Ocean, to the west, Alaska, to the south, British Columbia, and to the east the Northwest Territories. The capital city, Whitehorse, lies 1,369 miles by the Alaska Highway north-west of Edmonton. The most northerly settlement,

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The Poliomyelitis Epidemic in Winnipeg, 1953 EPIDEMIOLOGICAL STUDY, INCLUDING THE USE OF GAMMA GLOBULIN

R. G. CADHAM, M.D., D.P.H.

Deputy Medical Health Officer

Winnipeg, Manitoba

DURING the summer months of 1953 the City of Winnipeg (population 243,000) experienced the second largest case rate of poliomyelitis ever to occur in North America in an urban population of over 200,000. A total of 763 cases was reported. The case rate was 318 per 100,000 population. Type I virus was identified in stool specimens from hospital patients. The only previous epidemic in a large urban centre in which this case rate was exceeded was in Newark, New Jersey, in 1916, with a case rate of 340 per 100,000 population. Other severe poliomyelitis epidemics with a high incidence of reported cases in American cities with populations in excess of 200,000 are as follows (1): Los Angeles (1934), 95: Providence (1935), 100; Buffalo (1944), 110; and Minneapolis (1946), 150.

In Table I are shown the number of reported cases and the case rate for epidemics of poliomyelitis which have occurred in Winnipeg. In the 1953

POLIOMYELITIS—WINNIPEG Cases and Death Rates for Epidemic Years

Year	Cases	Case Rate Per 100,000 Population	Deaths	Case Fatality Rate
1928	279	138.	17	6.1
1936	107	48.	6	5.6
1941	264	117.	7	2.6
1947	156	67.	0	
1952	131	55.	2	1.5
1953	763	318.	35	4.6
		185		

y is mountainous, r, spruce and jack lagnificent, rapidly con, which empties son to the Eastern The annual mean 2, 32.4; 1943, 33.2; 1949, 30.8; 1950, mperatures during ary, 19.1; March, the 10-year period April, 31.4; May, 3.4; October, 34.1;

- 1953 Canada's worst polio year began in the Yukon in May and continued through the winter into 1954, particularly in northern Alberta and even the North West Territories, where a small, but serious outbreak occurred; Newfoundland had its worst epidemic; Ontario, its worst since 1937
- However, from Manitoba west, each province felt the full effects of polio at record or near record levels, although it was Manitoba that faced the worst polio crisis in the country, if not in the history of the disease

At the epidemic's peak, one hospital in Winnipeg had 92 patients reliant on iron lungs at the same time

Manitoba Had Heaviest Polio Epidemic In World History

winniped (CP) — This year's technical advisory committee said polio epidemic in Manitoba which "we know of no polio epidemic in struck nearly 2,300 persons and caused 82 deaths is believed to cent more than in Manitoba's lar-

e, Ottawa.

Brandon Sun, Nov. 28, 1953

National numbers:

- 9,000 cases (59.9 per 100,000)
- 500 deaths

Manitoba:

- 2,317 cases (286.4 per100,000)
- 91 deaths

Winnipeg:

763 cases (318 per 100,000)

POLIO, 1953: SUMMER OF FEAR

Polio Now * Major Issue Says Martin

OTTAWA (CP) — Poliomyelitis has assumed new prominence as a major public health problem in Canada, Hon. Paul Martin, health minister, said Wednesday in the Commons.

He said preliminary figures of 8.213 cases and 354 deaths "indicate that this year's outbreak will prove to be one of the most serious on record."

Replying to a question by E. G. McCullough (CCF-Moose Mountain) as to what federal assistance is being provided. Mr. Martin said the government has made more than \$1,500,000 available to the provinces under the national health plan.

Of this, more than \$730,000 was for the extension of research into the value of gamma globulin, for Red Cross blood banks and for helping in increased production of Financial Post, Dec. 3, 1953, p. 1

- The financial costs of the 1953 polio epidemic in Canada were extremely high, leaving many wondering who would pay the bills
- The epidemic occurred within a context of rising interest in public health insurance, as well as a federal election in which it became an issue, including for Paul Martin





1953-1954 – While polio epidemics continued in several parts of Canada through 1953 and into 1954, Connaught undertook, as Salk described it to the Labs' Director, Dr. R.D. Defries, "the herculean task" of producing over 3,000 litres of poliovirus fluids that were shipped in station wagons to two U.S. pharmaceutical firms for inactivation, testing and filling for the field trial

Paul Martin, however, was not fully aware of the field trial plans, especially the major Canadian role, until reading about it in the newspapers on November 18, 1953, when plans were formally announced; secrecy had been maintained, although Deputy Minister Cameron had been aware of the details

Since the vaccine was untested and its safety not adequately established, Cameron advised Martin to watch the American scheme with interest for "They will provide the answers and we can benefit from them as quickly, if not more quickly, than any place else in the world."

at the Connaught Laboratories of gible. Parents must give written the University of Toronto. consent.

By ALTON L. BLAKESLEE [will be those which have had a high New York, Nov. 16 (AP). — The crucial test of a new polio vaccine will start Feb. 8 with shots for up to 1000 000 sebeel children. More than 1000 000 sebeel children will start feb. 1000 000 sebeel children will start feb. 1000 000 sebeel children will sebeel children will start feb. 1000 000 sebeel children will sebeel ch to 1,000,000 school children. Most ically and in economic-social status. of the virus from which the vac- Youngsters in public, private cine is to be made will be grown and parochial schools will be eli-

Globe & Mail, Nov. 17, 1953, p. 17



- April 1954 Soon after the field trial began in the U.S., some surplus vaccine enabled it to be extended to include Alberta, Manitoba and Halifax, as well as Helsinki, Finland
- Once the bulk of the virus fluids were produced for the field trial,
 Connaught focused on preparing the finished vaccine to ensure an anticipated Canadian supply following the announcement of the trial's results
- Connaught's leadership then worked closely with the federal and provincial governments to plan an all-Canadian observed-controlled trial of the vaccine that would start in April 1955
- Each batch of vaccine would be double-tested by Connaught and the Laboratory of Hygiene in Ottawa and then provided for free, initially to the most vulnerable age group (grades 1-3), through a 50-50 federal/ provincial shared cost program



- April 12, 1955 Unprecedented media attention to announcement of field trial results in Ann Arbor, Michigan
- The vaccine proves to be 60-90% effective against the three types of poliovirus
- The vaccine is immediately licensed in U.S. and Canada
- After licensure by regulators in Washington, six U.S. vaccine producers rush-released their vaccines to meet the demand
- However, unlike in the field trial experience, the U.S.
 government did not test each batch of vaccine produced; the
 pharmaceutical companies were relied on to test and to
 submit their protocols to the government
- To ensure a large scale immunization program could begin immediately, the NFIP bought enough vaccine for 9,000,000 first and second graders to get it for free

- **April 25, 1955** However, there was a major setback when it was discovered that some batches of vaccine from one U.S. producer, Cutter Labs in California, were not fully inactivated, leading ultimately to 79 polio cases linked to the bad batches
- **May 7** After first recalling all of Cutter's vaccine, and then setting up a national polio surveillance system, the U.S. Surgeon General suspended the entire vaccine program
- North of the border, the burning question was what should Canada do?

8 Get Polio, Serum Held Up; 'Can't Happen in Canada

Washington, April 27 (AP) .-The U.S. Government ordered one of the companies making Salk vaccine to pull back all its shipments today after eight children inoculated against polio were reported hit by the disease. One death was listed.

Health authorities cautioned against a scare, however. They said there was no indication that the vaccine caused the disease. and that there was evidence to the contrary in some cases, at

The vaccine in question was made by Cutter Laboratories in Berkeley, Calif., which said it had made shipments for mass inoculations of school children in parts of California, in Arizona, New Mexico, Idaho, Nevada and Hawaii.

The Cutter firm also reported it had shipped relatively small

By WHITNEY SHOEMAKER By KEN W. MacTAGGART 'The chance of any child's getting pollo after receiving Canadianmade Salk vaccine was doubted last night, and even termed by

some medical authorities an impossibility. In fact, local authorities' first

Continued from Page 1.

vaccine to be faulty," said one official.

"After the tests have been made, and to give the vaccine every opportunity to reveal any improper test effects, it is then retained for two months. Not until it has been seen what results occur, even after a delay considerably beyond normal probability of infection, is any of the vaccine released for use."

Medical authorities noted that reports from the U.S. indicated that only vaccine produced by Cutter Laboratories of Berkeley, Calif., had been withdrawn from use. None of this firm's vaccine has been licensed for entry into Canada. Only two firms, Eli Lilly and Co. (Canada) Ltd. and Parke Davis and Co. Ltd., both of which were ploneers with Connaught, have licenses to import the vaccine.

Dr. Andrew J. Rhodes, virologist who headed the Connaught Laboratories group which made possible mass production of polio virus for the Salk program, last night urged parents not to become panicky because of the developments in the U.S.

The Canadians closest to the work, he said, were aware of the methods used at Connaught Laboratories and were convinced that faulty vaccine could not find its way into use from this

Continued from Page 1.

Cutter personnel in investigating the vaccine.

tion of the Government's with- cine, but Cutter is the only one in

we felt it was safest to stuly the built up for more than a month of Cutter vaccine at all. It was noted by the public health servan action of safety to protect the ice, he said, even a wholly effecchildren who may be getting shots today and tomorrow until we can make an investigation."

No parent should keep his child from being inoculated, he

ported pollo cases among Cutter- average around 14. persery, They will work with

the gamma globulin as an anti-

Cutter moved swiftly to recover its shipments. Six laboratories Dr. Scheele gave his explana- are producing the anti-polio vacthe West.

Dr. Scheele said studies indi-"We heard of some cases and cate effective antibodies are not problem. This is no indictment after injections. In the six cases tive vaccine could not have been expected to create full immunity in the two weeks between inocu-

I tion and the flush of illness.
Inoculation in one case was said. He added his own second-the other four April 16. The grade youngster is due for a shot. incubation period in pollo is The public health service re- from three to 30 days, with the

Globe & Mail, April 28, 1955, p. 1



• April 25, 1955 – While the U.S. launch of the Salk vaccine was suspended, after careful consideration and advice, especially from Connaught's leadership (but some resistance from the Prime Minister), Paul Martin decided that the Canadian launch of the vaccine should continue uninterrupted



Sanofi Pasteur Canada Archives

Sanofi Pasteur Canada Archives

CANADA AND THE SALK VACCINE TRIAL

- With no incidents reported, the Canadian use and evaluation of the vaccine further demonstrated its safety and effectiveness.
- Canadian political and public health confidence in the vaccine during the "Cutter Crisis" meant a lot to Salk and helped pave the way for the resumption of the U.S. polio immunizations in July 1955.
- Considerable debate ensued over the different approaches to the vaccine between the two countries, in particular, highlighting the differing levels of government funding for public health between the two countries, and the contrasts in planning, testing, distributing and paying for the vaccine



Dr. H.E. Van Riper – NFIP medical director:

"We in the United States have much to learn from you (in Canada)"

Canada Reports Shots Safe, 85% Effective

Massachusetts Gets Enough Vaccine To Complete Its NFIP School Program

Two or more shots of Salk vaccine proved completely safe and 85 per cent effective in preventing paralytic polio according to a national field study of some 1,500,000 Canadian children.

Canada's Health Minister Paul Martin reported that only five of 589,716 children between the ages of five and ten years old who got two doses of the vaccine in 1955 were stricken with paralytic polio. The five cases in the vaccinated group compared with 51 cases among 885,000 children in the same age

Canadian Polio Work Said Second to None

Edmonton, Sept. 7 (CP).—Canada is second to no country in control of polio, Dr. H. E. Van Riper, medical director of the National Foundation for Infantile Paralysis, New York, said today.

"Nowhere in the world has greater progress toward control of paralytic poliomyelitis been made than in Canada," he told the annual convention of the Canadian Public Health Association:

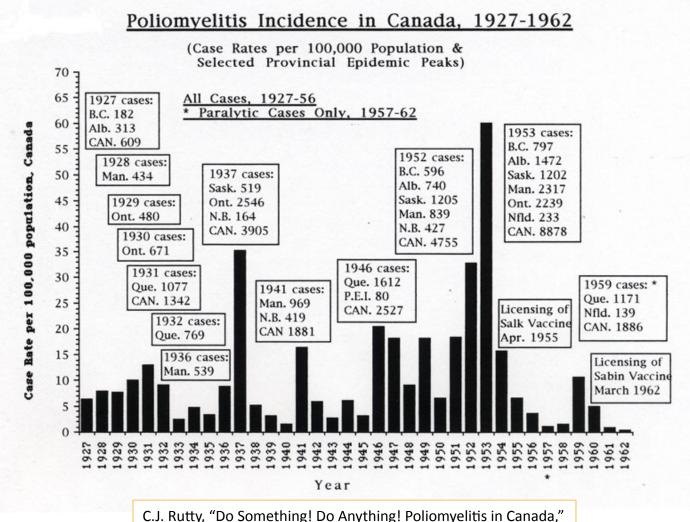
"We in the United States have much to learn from you."

Edmonton, Sept. 7 (CP).—Can-in 1953 worked out methods for duality production of polio viruses in the culture of monkey kidneys.

A second contribution, he said, was the discovery by J. F. Morgan, H. J. Morton and R. C. Parker of a satisfactory method for feeding animal cells and tissue culture and a synthetic medium used to grow virus in vaccine manufacture.

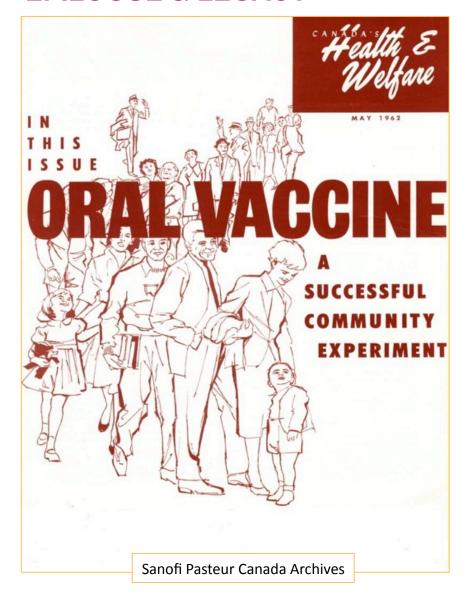
"I think it only fair to say that if this Connaught Laboratory group he not to suitable worked

Globe & Mail, Sept. 8, 1955



Ph.D. Thesis, Dept. History, University of Toronto, 1995, p. 395

- The Canadian polio story and Paul Martin's and the Department of National Health & Welfare's role certainly did not end after Martin made his dramatic decision, but it marked a transition to another distinct chapter I don't have time to tell today
- But here are some of the key events:
- 1956-1957 Martin and the Department funded expansion of Connaught's polio vaccine production capacity, as well as helped establish a polio vaccine production facility at Institut de microbiologie et d'hygiène at the Université de Montréal
- April 1957 Sufficient surplus vaccine produced in Canada enabled Martin to approve its export to many countries otherwise without polio protection



- 1959-1962 After Martin left the Department of National Health & Welfare in June 1957, the Department played a strong leadership role, in partnership with Connaught Labs, in the careful evaluation of a second type of polio vaccine, the Sabin live attenuated oral polio vaccine (OPV)
- This was conducted through a series of sophisticated vaccine field "demonstrations" in several parts of the country, overseen by a "National Technical Advisory Committee on Live Poliomyelitis Vaccines," which led to the licensing of Connaught's Sabin OPV in March 1962
- With provinces using the Salk or Sabin vaccines, or both, polio incidence would remain very close to 0 after 1962
- 1988 The last polio case in Canada struck a 10-month-old boy after family visitors unknowingly brought the poliovirus from India and the Middle East, where polio remained endemic

OPINION

We are on the cusp of ending polio



Former prime minister Paul Martin
YVONNE BERG/THE GLOBE AND MAIL

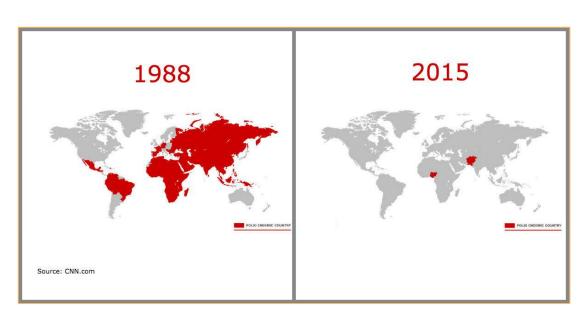
PAUL MARTIN

CONTRIBUTED TO THE GLOBE AND MAIL PUBLISHED OCTOBER 24, 2011 UPDATED APRIL 10, 2018

Few Canadians remember a time when polio struck children across the country at whim. Yet, it is important to remember that this devastating disease continues to cripple children in countries such as India, Afghanistan, Nigeria and Pakistan.

But on this World Polio Day, we are on the verge of an incredible opportunity: the eradication of polio. Over the past two decades, polio cases have decreased by 99 per cent, dropping from 350,000 cases each year to fewer than 1,500 cases in 2010. Now is our chance to finally eliminate polio so no child ever has to suffer from this disease again. If we are successful, it would be a historic achievement. Finishing the job would make polio only the second disease, after smallpox, to be eliminated.

- 1988 With some 300,000 polio cases globally, despite 2 vaccines, an initiative lead by Rotary International enabled the World Health Organization to launch a global polio eradication program
- Canada was one of the first nations to participate and remains a strong supporter
- Paul Martin Jr. has played a major personal role in supporting polio eradication, especially when Prime Minister, and ever since





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- Paul Martin Sr.'s significant legacy in the Canadian polio story has continued through several organizations
- 1994 "The Right Hon. Paul Martin Sr.
 Biomedical and Rehabilitation Research
 Endowment Fund Grant" was established
 to fund research into the alleviation or
 prevention of a disabling condition
- 1999 "The Paul Martin Sr. Society" of March of Dimes Canada was founded to honour his legacy in the polio story and recognize key partners whose contributions continue his vision of overcoming the challenges of physical disability

- As we celebrate Health Canada's 100th anniversary, it is clear that facing and overcoming the unique public health challenges of polio was a defining element of Health Canada's evolution, especially during the tenure of its longest serving Minister, Paul Martin, Sr.
- He was clearly a man for whom facing and overcoming the challenges of polio was very much a personally defining part of his life and the legacy of his family.



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